

The Christian Marriage Counseling Workbook

Point Them in the Right Direction Before They Walk Down the Aisle Married couples begin their lives together with a vow of lifelong love and devotion . . . but many walk down the aisle unaware of all that promise entails. Now you can help engaged couples make their vows with open eyes and hearts, fully prepared for the hard and rewarding work of building a strong and lasting Christian marriage. Created by FamilyLife, one of America's leading marriage and family ministries, Preparing for Marriage is a dynamic, comprehensive premarital education program designed to lay the foundation for biblical, fulfilling marriage. As a supplement to Preparing for Marriage, the Preparing for Marriage Leader's Guide is an invaluable tool for pastors, premarital counselors, mentor couples, and small group leaders. Inside is everything you need to help engaged couples establish a lasting relationship built on an unshakable foundation: Jesus Christ. The Preparing for Marriage Leader's Guide will help you:

- Counsel an engaged couple or lead a small-group study for couples
- Share God's unique blueprints for marriage and the home
- Help couples discern God's will for their relationship
- Provide practical guidance on finances, responsibilities, and intimacy
- Evaluate a couple's readiness for marriage after counseling
- Create a mentoring couples program and develop mentoring relationships
- Build healthy, Christ-centered marriages in the Church

As you begin preparing for your big wedding day, this Marriage by GOD program is designed to assist you in preparing for a BIG MARRIAGE. Using the companion counselor's guide, a mature Christian couple can come beside you and mentor you through biblical principles and time-tested techniques for fulfilling God's great plan for marriage.

This workbook helps engaged couples explore their expectations, potentially troublesome issues and the meaning and challenges of marriage. Effective for pastors and counselors to use in premarriage counseling.

A resource for married couples looks at both the physical and spiritual side of love and sex, and introduces the Lovemaking Cycle, a guide to solving intimacy problems between husband and wife through meaningful communication. Before You Tie The Sacred Knot (workbook) is for Christian couples serious about beginning their marriage on a solid foundation. This premarital counseling workbook isn't just filled with compatibility test questions, but questions about real world issues. Christian point of view exercises included for both bride & groom. Before You Tie The Sacred Knot the 2nd book in the series on premarital counseling, provides a do-it-yourself, counselor-guided alternative to office counseling. Before You Tie The Sacred Knot provides framework by reinforcing your relationship foundation. Its' interactive format with space for journaling makes it a great reminder for you and your fiancée - to remind you of what you worked on in planning for your marriage.

Christian Marriage and Family Counseling Workbook

Do You Feel That The Spark Is Gone? Here's How To Bring It Back And Save Your Marriage! Do you miss the emotional intimacy you used to have? Do you wonder why you can't stop arguing about random things? Do you love your spouse but there are too many misunderstandings between you? Don't file for divorce just yet. Getting married is much easier than staying married. In the worst case, your love can get completely buried under a mountain of grudges, undone household chores, bad relationship habits, mediocre sexual experiences, and so on. But if you still love each other, you can rebuild the trust and intimacy between you. You can rekindle the spark that you had when you first fell in love. You can find a way to talk about your differences without getting angry at each other. These workbooks will teach you the techniques and exercises used by professional therapists in couples counseling. The workbooks will help you: Cultivate mindful habits that will instantly make both of you happier Rekindle your passion and have good sex despite being married for years Discover the REAL reason why you're arguing so much Use dialectical behavior therapy to solve conflicts without anger and resentment Have honest conversations about your relationship and fix problems quickly The exercises and techniques in the workbooks will work even if you believe that your marriage is uniquely terrible. Dialectical behavior therapy and mindfulness are scientifically proven approaches that have already saved countless marriages - and they can save yours, too. Scroll up, click the "Buy Now" button and Get Your Copy Now!

This book details the process of rediscovering the joy of marriage through practical counsel involving communication and an understanding of each other in our sexual make-up.

Scheiden of blijven? Weinig vragen veroorzaken zoveel twijfel en slapeloze nachten als deze. Of je een langdurige relatie hebt of net iemand hebt gevonden, deze vraag is altijd actueel. Veel boeken proberen de breuk te lijmen. Het bijzondere van dit wijze en nuchtere boek is dat het duidelijk maakt waar je tussen kunt kiezen, en op welke gronden. Mira Kirshenbaum heeft als relatietherapeute twintig jaar lang mensen geholpen bij het zoeken naar de beste oplossing. Haar kennis en ervaring bracht ze bijeen in deze praktische gids. Ze stelt alle cruciale vragen over je relatie: * Welke fouten kun je vergeven en welke niet? * Zullen de dingen die je dwarszitten beter of slechter worden? * Hoe goed is je seksleven en hoe belangrijk vind je dat? * Wat krijg je als je weggaat; is dat beter of slechter? Vervolgens helpt ze je verder, door stap voor stap, en met veel voorbeelden uit de praktijk, antwoord op die vragen te geven. Het resultaat is altijd positief. Als je wilt blijven zul je al lezend ontdekken hoe waardevol je relatie is. Als je besluit te scheiden zal dit boek je laten inzien waarom je dat wilt. Ook dat is goed nieuws, want je weet nu waar je aan toe bent, en je geeft twee mensen hun vrijheid terug. 'Briljant.' - Shere Hite 'Als ik in die situatie terechtkom, wil ik dit boek als raadgever.' - Dr. Pepper Schwartz, auteur van American Couples en Love between Equals.

From Rock Bottom to Rock Solid: Does your marriage need a tune-up, or maybe a complete overhaul? Either way, Marriage by the Book has answers for you. Rick and Rebekah Porterfield draw on over 25 years of marriage ministry experience, as well as their personal experience in restoring their own relationship, to bring you practical, Biblical guidance that makes a real difference. Here's what you'll learn: -The single root problem in all relationships.-The solution to the problem.-How to remove "walls" in your relationship.-How to restore lost love.-How to grow in intimacy.-And more! Look also for The Marriage By The Book Workbook which accompanies this book. Also available right here on Amazon.com.

Christian Marriage and Family Counseling Workbook - Instructor

You long for a marriage marked by lifelong love, intimacy, and growth. And it can be yours -- if you set wise boundaries. Boundaries are the "property lines" that define and protect each of you as individuals. Get them in place and you can make a good marriage better and possibly even save a less-than-satisfying one. By the time you've completed this workbook, you will know yourself and your mate better than ever before. You'll also understand and practice the ten laws of boundaries in ways that can make a real difference in your relationship. Step by step, the Boundaries in Marriage Workbook helps you apply the biblical principles discussed in the book Boundaries in Marriage so you can . . . Set and maintain your personal boundaries and respect those of your spouse - Establish values that form a godly structure and architecture for your marriage - Protect your marriage from different kinds of "intruders" - Work with a spouse who understands and values boundaries -- or work with one who doesn't -- Filled with self-tests, questions, and applications, the Boundaries in Marriage Workbook helps you deal effectively with the friction points and serious hurts in your marriage -- and move beyond them to the mutual care, respect, affirmation, and intimacy you both long for.

This valuable counseling aid for pastors can also be used with great benefit by couples on their own.

This workbook is packed with Scripture and biblical references, meaningful couples exercises, home activities, worksheets, and plenty of space for journaling thoughts, observations and prayers throughout the session.

What's standing in the way of your best Christ-centered marriage? You! So, if you can't handle accountability and hard work, then this book is not for you! Terrell Pugh, pastor and professional Christian marriage counselor along with his wife, Taneisha Pugh, also a professional Christian marriage counselor, use their years of experience to reveal what makes a marriage work. Founded on the truth of God's infallible and all-sufficient Word, each chapter and principle is anchored in scripture, challenging you to apply the truth of God's Word to your personal life and marriage. Every chapter ends with a prayer, designed to propel your faith into action, stimulate self-growth, foster marital closeness, and anchor your trust in Jesus. This book addresses positive/negative communication cycles, positive/negative responsiveness cycles, male/female wants and desires, affection and sexual intimacy, ministry of marriage, family boundaries, personal history, expectations, and a host of other vital ingredients needed to have the absolute best marriage ever! The authors created this book as a quick read, ready to be applied, giving you all meat and no fluff! If you are interested in going deeper and further, then you NEED God's Design for Marriage WORKBOOK, which is the companion workbook to this book. God's Design for Marriage Workbook contains over 200 questions and activities to enhance your marriage. The workbook can also be utilized in groups, counseling, and workshop settings.

Through a series of discussion questions, Alice and Robert Fryling encourage open, honest communication in the light of Scripture. This isn't just a book you read--it's a book you experience. Its interactive style allows you and your future spouse to explore its biblically based counsel and challenging questions together or with a pastor.

The Christian Marriage Counseling Workbook Createspace Independent Pub

Marriage and the Counsel of God is the product of over twenty-two years of biblical study and pastoral counseling. The text and accompanying workbook have proven themselves an effective means of preparing couples for marriage, of supporting those already married, and of recovering marriages that are failing. The text focuses on the biblical model for marriage found in Genesis and Ephesians while following an outline of basic Christian beliefs (e.g., the Ten Commandments, the Apostles' Creed, the Lord's Prayer, baptism, Holy Communion, and confession/absolution). The essential elements of these beliefs are considered for their import in the Christian life in general and regarding marriage in particular. Abundant Scripture references are provided, as well as examples from real-life situations. These and other helpful resources are also given in indices for quick reference. The book and workbook are written in clear, nontechnical, and engaging language and so are aimed for students and teachers of counseling, for counseling professionals, for pastors, and for the public in general.

Toch samen verder Vertrouwen is voor veel mensen het belangrijkste in een relatie. Helaas is niemand perfect, dus onze vrienden of geliefden stellen ons, bewust of onbewust, heus weleens teleur. Soms kunnen we daaroverheen stappen, maar vaak ook voelen we ons gekwetst. Wat doe je met een relatie die aangetast is door wantrouwen? Een dergelijke relatie wordt vaak beheerst door de angst dat geschaad vertrouwen niet meer hersteld kan worden. En dus blijven de partners samen in de hoop dat het probleem vanzelf overgaat, óf ze gaan uit elkaar. Met spijt in het hart in dat laatste geval omdat hun achterdocht een verder goede relatie zozeer heeft weten te ondermijnen. Maar is er nu werkelijk niets meer aan te doen als het vertrouwen eenmaal geschonden is? Nee, zegt Mira Kirshenbaum, het is wel degelijk mogelijk je relatie te herstellen. In dit boek laat ze zien hoe.

Helping couples prepare for marriage is a passion that God laid on my heart many years ago. As Nancy and I approached marriage, we were given very little instruction about the road ahead. We married young and struggled a lot. I know the path could have been much easier if we had a course like this one and if we would have applied what we learned. Preparing for the Marriage of a Lifetime has been a work in progress since I first taught the material in 1996. The first course was eight sessions and I had no idea if it would be effective or not. God blessed the course. I was immediately able to see it make a difference in the lives of the couples that attended. At the end of that first class, I asked them for feedback on what was helpful and what was not. I have continued to seek feedback from each class. The course is in many ways a product of their feedback. It has made a difference for many and I hope it makes a difference for you.

Collects original insights on marriage from thirty-two of the most respected Christian marriage experts. Now in paper.

If You Want Your Spouse To Stop Arguing All The Time And Understand What You Really Mean... Read This Book Together! Do conversations with your spouse often go in the wrong direction? Do you keep hurting each other with uncontrollable emotional outbursts? Do you wish there was a way to fix your misunderstandings for good? Good communication is the key to any successful relationship - and definitely the foundation of a happy marriage. However, once the honeymoon phase is over, most of us notice that our communication skills need improvement. All of a sudden, every conversation has the potential to escalate into a full-blown argument, and every attempt to solve your conflicts only creates more conflicts. But what if it didn't have to be this way? This book will help you save your relationship by using dialectical behavioral therapy, a scientifically proven method used in marriage counseling. Here's what you'll find in this book: Simple therapeutic techniques to get your marriage back on track The right questions to ask each other if you want to save your marriage Strategies for boosting your conflict resolution skills A comprehensive guide to difficult conversations And much more! As you go through the questions in the book, you'll have some very honest and emotional discussions with your partner. Even though these conversations may feel scary at first, they'll help you see the real cause of your misunderstandings - and work together to eliminate it. Are you ready to take the first step towards saving your marriage? "Buy Now" and Get Your Copy Now!

Get 21 days of biblical marriage counseling in the PRIVACY of your home with A Marriage 2 Die For!, an alternative marriage counseling program for Christian couples who are in distress. There are three separate components that are required to complete this program: two paperback journals and one paperback workbook. This is the 21-day workbook. Your workbook comes with twenty-one structured assignments, marriage building exercises, devotionals, Mp3 audios, and the ability to ask the author questions about the material at the end of each week. (Please note: You will need your Createspace purchase order number in order to ask questions of the author). The url and password to download your Mp3's and other electronic supplements are included in the introduction of your workbook. The paperback journals are sold separately on CreateSpace at a cost of \$5 each.

The saying goes "When you marry, you don't just marry an individual, you marry a whole family." But more specifically, you are marrying the influences that family has had on your spouse. Our families have shaped our views on everything from religion to finances to sex, and, whether helpful or harmful, these views are brought to our marriage and can unknowingly affect it. Getting Ready for Marriage Workbook helps engaged couples and newlyweds: learn what "ghosts" they bring to marriage examine their family backgrounds determine guidelines for their own marriage Through interactive exercises, couples discover the roots of their beliefs, sight potential problem areas, and learn how to successfully work through problems. Couples are then encouraged to make their own covenants in specific areas such as financial matters, resolving conflict, religious orientation, and family planning & children—essential in building a strong marriage partnership.

Build a Love that Lasts At a time when more people are delaying marriage or writing it off altogether, couples ready to walk the aisle will appreciate a frank and trusted resources to help them start marriage on the right foot. This interactive guide will help you explore your relationship in depth and will provide new insight into your partner and how the two of you relate to one another establish your wants and needs as individuals and a couple before your marriage begins lay the groundwork for open and honest conversation for a stronger, healthier marriage reveal how life events and family background can influence decision making in finances, family, education, faith and career engage you in activities that lead to thought-provoking discussion that address your past experiences and current expectations Engaging and easy-to-use, Before You Say "I Do" is full of tried-and-true wisdom to help you plan for your future and build a lasting relationship with the one you love.

Larry Burkett summarizes his key insights into wise money management that come from more than twenty years of intense Bible study and experience in counseling thousands of financially troubled couples.

Finally, a marital resource that combines practicality with Christian ethics and principles! Truly a ground-breaking work that challenges your understanding of marriage, its purpose, and how you practice your role as a husband or wife. This book contains a revolutionary conceptualization of marriage and articulates it with sound biblical truth. Prepare to delve deep, as the authors leave no stone unturned in the pursuit of helping couples reclaim true emotional and spiritual connectedness. The authors explore the dynamics of complementarianism in God's creation of Adam and Eve, and the secret implications. God has revealed through this design. With over 100 combined questions and activities, you will learn eye-opening truths about the covenant ministry of marriage. God has designed in every person five psychological needs, all of which are explored in this book. These needs provide the groundwork that couples use to work through difficulties and strengthen their marriage. Designed as a 20 session-based workbook, each session contains thought-provoking, exploratory questions that will challenge you to confront your past, examine your present, and create your future. With exercises in every session, there is no shortage of activities to complete. God's Design for Marriage has been used in counseling, workshops, marriage retreats, and a host of other settings. If you are searching for something with the power to transform your marriage while reconnecting you to Christ, then God's Design for Marriage will aid you in this process.

If You Want To Save Your Marriage Without Going To Therapy, Keep Reading! Do you feel that your marriage isn't like it used to be? Do you want to reignite the spark and increase your intimacy? Do you want to solve the conflicts that keep undermining your love? As long as you still love each other, your marriage can be saved! If you've been together with your partner for any length of time, you know too well that love has its ups and downs. On some days, you're both in honeymoon mode and just can't get enough of each others. On others, you stare at your partner and wonder where your brain was when you committed to them. A bad day here and there is normal. But what if your life is slowly deteriorating into a nightmare and divorce is starting to look like a sensible solution - even though deep at heart you still love each other? This practical workbook is your DIY guide to fixing your marriage. Here's what you'll learn: Why mindfulness is more than just a buzzword How to cultivate relationship habits that make both of you happy How to have smoking hot sex despite being married for years The REAL reason why you keep arguing about the same things How to argue with your spouse in a way that actually solves problems Even if you feel that your love is barely alive under the weight of grudges, boring sex and bad communication, your relationship can still be saved - if it's worth saving, of course. Follow the simple steps outlined in the book and your marriage will be as good as new!

Wright encourages pastors to take very seriously the premarital counseling process and shows them step-by-step how to conduct counseling sessions that will reap rewards long after the ceremony is over and the confetti is swept away.

This clear, biblical approach to premarital counseling contains everything needed to kick off a great marriage: in-depth, biblical counseling; worksheets to help partners share feelings; even advice on planning the perfect ceremony. An excellent resource for engaged couples, pastors, therapists, and lay counselors.

Everett Worthington provides a Christian perspective and biblically based theory of marriage and marriage counseling. With an analysis of the individual, the couple and the family, Everett uses techniques drawn from several psychological schools of thought, combined with solid biblical principles to help guide counselors through the process of intervention, assessment and implementation of methods for change.

Love and Marriage is an easy-to-use workbook that helps couples discover the biblical foundation for loving relationships. It then equips them for healthy communication and conflict management by teaching them a new way to understand relationships through "systems thinking." This workbook is designed to be used by Christian couples in pre-marriage counseling classes. It also lends itself well to independent study by couples who want to strengthen their relationship.

This is a very exciting time in life as you begin preparing for your big wedding day. Marriage by GOD is designed to assist you in preparing for a BIG MARRIAGE. In this personalized program you will be mentored by a mature Christian couple through a 6-week curriculum that is designed to give you a strong foundation for a joyful marriage. This unique program is formatted to be administered couple-to-couple. Using the companion counselor's guide, a mature Christian couple can come beside you and mentor you through biblical principles and time-tested techniques for fulfilling God's great plan for marriage. This highly personalized curriculum will help open discussions on your expectations and

needs in marriage, the differences between men and women, and personality differences. The materials will equip you with how to effectively resolve conflict. You will be given tools to assist you in creating sound financial principles in marriage. Communication will be explored in detail especially in the areas of forgiveness, sex, and love languages. You will also be mentored on how to institute the proper safeguards to "affair-proof" your marriage. All of this will be done with the emphasis of putting Christ at the center of your marriage.

A Christian workbook for couples preparing for marriage or wanting to strengthen their marriage. The workbook addresses such topics as the three marriage killers, kids, in-laws and more. The workbook includes discussion questions.

A Christian workbook for couples preparing for marriage or wanting to strengthen their marriage. The workbook addresses such topics as the definition of marriage, the three marriage killers, kids, in-laws, engagement and more. The workbook includes discussion questions.

I wrote this workbook because it disturbs me that a lot of individuals and communities are constantly living their lives in "Crisis Mode" with little or no time and opportunity to realize their dreams. I believe a certain stigma is attached to those who are deemed by society (others) as always needing someone to rescue them from one crisis after another. Without naming names, I will say that for some this trend grows more prevalent with each passing generation. I want my family and peers to realize that we do not have to live on the edge as though we lack a foundation (culture) to stand on. There inevitably is more to all of us than our struggles but until we get past having our finger on the "Panic Button" we will not get a chance to display our audaciousness. I am confident that this "Crisis Counseling Workbook" can aid anyone whose life has gotten off track or who simply wants to succeed at creating a better life for themselves and their family, as well as improve the community they live in. "In the darkest hour, a pinprick of light is all that's needed to guide the lost home." That said, please feel free to tweak this crisis counseling program to meet the particular needs and circumstances of those you are counseling.

This step-by-step guide is for couples who want to enhance their communication skills and maximize their relationship's potential for mutual support and growth. Troubled spouses will discover how to hear without becoming defensive, clean up after verbal toxic spills, and convert moments of anger into opportunities for growth.

If you are considering marriage and desire to take a deeper look to avoid pitfalls, this is the workbook for you. This workbook helps deal with the issues that couples should explore concerning marriage. Take the time necessary to explore issues and prepare to walk into a good marriage. Till Death Do, Us Part will help identify unspoken fears, desires, beliefs, core values and explore your dreams. I hope to help you prepare for the best marriage possible. Till Death Do, Us Part creates a safe place to unpack unwanted and weighty luggage while learning to strengthen your communication skills, adopt skills for resolving conflicts, and define role expectations.

An effective resource for pastors and counselors to use in premarital counseling. This practical workbook helps engaged and married couples explore their expectations, potentially troublesome issues, and the meaning and challenges of Christian marriage.

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