

Players First Coaching From The Inside Out

The Real Giants of Soccer Coaching is a collection of the curated thoughts of nearly 30 top soccer coaches from around the globe. In this book, you will gain access to the depth and breadth of experience from some of the best coaches across all areas of the beautiful game: from grassroots to premier leagues and everything in between. You will learn theoretical details about tactical periodization, positional play, and the science of motor learning. You will also learn from Youth National Team coaches, NCAA National Championship winning coaches, and First Division coaches from top European clubs. This book is a resource that can direct your coaching education over and around the perilous pitfalls that often consume most coaches. After reading this book, you will have gained the experience, knowledge, and wisdom of some of the best coaches across all areas of the game. You don't have to go your coaching path alone. Take this book and bring the wisdom of these top coaches with you to help navigate every corner, turn, and hazard along your way to becoming a great coach.

A soccer player is more than the sum of his parts: endurance, speed, shooting technique, passing technique, and many more. All of these factors need to be turned into one system to create good players. Traditional training theory doesn't achieve that because each skill is trained individually. This is why the concept of Tactical Periodization has become the preferred training theory for many of the current most successful soccer coaches: Pep Guardiola, José Mourinho, Diego Simeone, André Villas-Boas, and many others train according to these principles. By creating match-like situations in practice, players learn to link their technical, tactical, and athletic abilities to match intelligence. They will learn to transfer their skills to soccer matches and they can improve endurance, technique, and tactics all at the same time while enjoying the practice sessions more. For this book, the author has evaluated and analyzed hundreds of training sessions and has tailored exercises to specific demands. All exercises are performed with a ball so that players learn to apply each skill to the game. Every coach will find numerous exercises in this book to help them create better and more efficient practice sessions so they can improve their players' and the team's performance. With Tactical Periodization, your team will become better and be successful on the next match day!

These books from the Dutch Soccer Association lay out complete season coaching plans for coaches of U-8s, U-10s and U-12s. Included are characteristics of players at each stage and what to expect in terms of performance and behavior. The Dutch method at all levels is based on a Circuit Model which emphasizes small groups, repetition and maximum ball contacts.

Coaches are always looking for tools and resources to improve their craft, from training programs to team management. Coaching a Season of Significance was written by an experienced youth and high school soccer coach for other soccer coaches. However, many of the thoughts and ideas can be transferred and utilized in other forms of sport and in business. This book takes you from the beginning of the season with the pre-season meeting, organization, and setting goals. It will tackle some of the many challenges and problems coaches have to face throughout the course of the season, concluding with the post-season banquet. This comprehensive guide encompasses team rules, differences in boys and girls, dealing with administration, program promotion, and many more topics concerning soccer and coaching in general. Coaching a Season of Significance explains how to implement core values for your program, build strong communication, and foster the development of long-lasting relationships.

"It's as if Dan was sitting right next to you with a dry erase board saying, 'See what I mean?' This is another must have book for the soccer lover." ~ Ray Leone, Head Coach, Harvard A follow-up to the Amazon #1 best-seller, Soccer iQ, Volume 2 is written in the same conversational and humorous tone as its predecessor. Volume 2 is an easy read that identifies more of the most common soccer mistakes and provides players with simple, connect-the-dots solutions that they can immediately implement into their games. It is another must-have book for any serious soccer player. "Soccer iQ Vol. 2 gives you way more than your money's worth." ~ Tony Amato - Head Coach, Arizona Connect, engage, motivate, and inspire using top coaching techniques Coaching Up! is about inspiring those who matter to you to achieve peak performance. Whether you are a coach, a business leader, a civic activist, a teacher, a counselor, or a parent, this book will offer you a powerful, highly effective way to connect to the people you care about and move them forward toward their best selves. In sports, coaches have developed ways of connecting with their players quickly in the "heat of the battle," inspiring them to perform to their fullest potential and "leave it all on the field." Interestingly, although these techniques have not been codified, great coaches have independently developed remarkably similar models. This book aligns these techniques and distills their essence into a fundamental skill set that anyone can use to connect with, support, and inspire his or her colleagues, teammates, friends, and family members. At its foundation, great coaching is based on a solid set of techniques that can be applied to all areas of life. Essentially, those skills boil down to forging authentic connections, providing genuine support, and offering concise direction. While our everyday pressures may be less intense than those of a championship, the long-term game is even more important. Why not borrow from the best to develop the skills and abilities to win every day? Inspire and motivate people to higher performance Improve communication in high-stakes situations Be more effective both professionally and socially Getting inside the way great coaching works gives you an unparalleled glimpse at the core of inspiration. A great coach can make the difference between a mediocre player and a world champion. What would that difference look like if you could inspire every colleague in your business? Everyone who matters to you in your personal life? You can be the source of empowerment and motivation that helps the people around you reach higher, go further, and achieve more. Coaching Up! gives you the game plan—and shows you how to run the plays.

Coaching Youth Basketball, Fifth Edition, will help you run organized practices as you develop your players' fundamental skills. Written by the American Sport Education Program (ASEP), in conjunction with expert coach Don Showalter of USA Basketball, this book covers all aspects of player development that you need to know: • Preparing for and conducting efficient, age-specific practices • Teaching and developing skills • Providing a safe playing environment • Identifying and correcting errors in performance • Communicating with and encouraging players You'll also gain court-tested tips on running your team; communicating with players, officials, parents, and other coaches; providing basic first aid; and keeping it all fun. The book contains drills and coaching tips that are sure to jump-start your practices and improve players' performance. In addition, you receive many photos and diagrams to facilitate your understanding of the skills and drills. Ideal for coaches of players ages 5 to 14, the fifth edition of Coaching Youth Basketball will help you focus on long-term athlete development by creating an environment in which your players can learn, progress in their skill development, increase their understanding of the game, and, most important, have fun.

Players FirstCoaching from the Inside OutPenguin Press HC

WARNING: This is not a goalkeeping book. From the best-selling author of Soccer iQ comes a book dedicated to teaching and organizing a back four. Coach Dan Blank led the Southeastern Conference's best defense at two different universities in consecutive years. It began with a handbook he created for his defenders that ensured everyone was on the same page. Shutout Pizza is a vastly expanded version of that handbook. It introduces the governing principles that guided the SEC's best defenses, and covers a broad spectrum of scenarios that commonly occur during matches. Shutout Pizza is packed with diagrams that will help the reader visualize the concepts discussed in the text, and includes several of most effective drills for training these concepts. This is an excellent book for coaches and players who want to defend more effectively.

Figures ; Acknowledgments ; Introduction ; Coaching Overview ; The Effective Coach ; Coaching Individuals ; Coaching Teams ; Coaching Leaders ; Coaching Managers ; Coaching and Organizational Effectiveness Selected Resources ; Index.

Now with a new chapter on the Wildcats' legendary comeback in the 2014 Final Four John Calipari, one of the most successful

coaches in NCAA history, presents the world of college basketball from the coach's chair, unvarnished and straight from the heart. *Players First* is Calipari's account of his first six years coaching the University of Kentucky men's team, leading it to a national championship in 2012 and the championship game in 2014, all while dealing with the realities of the "one-and-done" mentality and an NCAA that sometimes seems to put players last. Filled with revelatory stories about what it takes to succeed at the highest level of the college game, *Players First* is a candid look at the great players and rivalries that have filled Calipari's life with joy and a sense of purpose.

On Coaching Football: A Resource and Guide for Coaches is intended for coaches and aspiring coaches at any competitive level of football. The book is actually a checklist that a coaching staff can use to develop a football program. The reader will be exposed to a systematic, comprehensive, and flexible approach to the three facets of the game: offense, defense and special teams. This book is an indispensable part of any coach's library because it describes the year-round commitment that is required to establish and maintain a quality, success-oriented football program in a competitive playing environment. The reader is counseled on subjects that range from the job interview, to game day management, to off-field and on-field pre-season activities.

Coaching: A Realistic Perspective is the ideal textbook for anyone who is preparing to coach athletics. All aspects of the profession are addressed in a clear and straightforward manner, presented with advice gained from decades of experience. The expanded and updated eighth edition examines the qualities of successful coaches—presenting tools for self-evaluation, recruiting, off-season planning, player and parent expectations of coaches, potential problem areas, and the balance between a coach's work life and personal and family life—a topic often overlooked in other textbooks.

Game Strategy and Tactics for Basketball: Preparing to Win the Sideline Battles is both a how-to book and a guide for how to plan strategy and tactics for basketball for an entire season or an individual game. Coaches often focus on X's and O's and overlook how and when a particular offense or defense should be applied and used during a game. *Game Strategy and Tactics for Basketball: Preparing to Win the Sideline Battles* serves as a planning guide and a master checklist for all the possible situations that a coach will face during a season. The book includes both traditional and some "out-of-the-box" strategies to the common situations that coaches face and provides both the pros and the cons of the approaches described. It is not the author's intention to tell each coach exactly what to do, but to serve as a guide in the decision making process. About the author: A 24 year veteran of the coaching profession, with twenty-two of those years spent as a varsity head coach, Coach Kevin Sivils amassed 464 wins and his teams earned berths in the state playoffs 19 out of 22 seasons with his teams advancing to the state semi-finals three times.

An eight time Coach of the Year Award winner, Coach Sivils has traveled as far as the Central African Republic to conduct coaching clinics. Coach Sivils first coaching stint was as an assistant coach for his college alma mater, Greenville College, located in Greenville, Illinois. His teams were always known for their discipline, intense effort, execution of fundamentals, and team play. Coach Sivils is also the owner of KCS Basketball Enterprises, LLC, an enterprise focused on providing coaches with information to improve their knowledge of the game of basketball and their ability to coach. "If you have been looking for a rigorously thorough handbook on basketball tactics and strategy, you have found it!" Coach Doug Porter - Head Women's Coach, Olivet Nazarene University National Scoring leaders: 2005, 2006, 2007, 2008 Chicagoland Collegiate Athletic Conference Champions: 2000, 2005, 2007 "His thought provoking approach makes for an easy read and will definitely stimulate thought and, most likely, change the way you go about coaching!" Rusty Rogers - Two time NAIA Division II Women's National Championship Coach and Two time NAIA National Coach of the Year "Coach Sivils clearly brings his experience in the game of basketball to his writing. He is a great teacher who acquired great gifts over the years and it's great he wants to share those gifts with other coaches." Bill Reidy - Long time successful high school and AAU coach

What do women softball players look for in a coach? Drawing on interviews with 50 college players and a survey of players from all NCAA divisions, this book explores what players want and need: someone who connects with them on and off the field, a competent leader who knows and loves the game and mentors them with a vision beyond softball. Coaches from major Division One conferences, as well as Divisions Two and Three and Junior College ranks, share their experiences and coaching strategies--among them four-time Olympian Laura Berg, Baylor University Coach Glenn Moore, University of South Carolina Coach Bev Smith, and four coaches with national championships to their credit. Taking cues from the coaches and players themselves, softball coaches will have the tools they need to revolutionize their approaches.

Coach Cal shares why every man, woman, and child needs to find mentors lots of them! Coach John Calipari, head basketball coach at the University of Kentucky, calls his mentors his "Kitchen Cabinet." Growing up in sports and later as a college and NBA basketball coach, John learned how to be successful in coaching and in life through the many lessons he learned from his mentors. In *Swim to the Buoy*, he shares that mentors are like lifebuoys: sometimes you need them when you're drowning in a situation, sometimes you need them for sound advice, and other times you just need to bounce your ideas off someone. Coach Cal outlines a proven strategy that anyone can follow to be the kind of person that mentors want to help. He strongly encourages his readers to recognize when a buoy is being thrown their way. Students, parents, and even business people can learn how to get to the next level in life by swimming to the buoy!

The Leader's Guide to Coaching & Mentoring is a highly practical handbook that helps managers get the most out of their people. It includes grounded advice on the practicalities of both coaching and mentoring – such as how to structure a session – as well as core content on: · The skills required for coaching and mentoring, including listening, questioning, observing body language, challenging and affirming · The established processes for coaching and mentoring, such as GROW, relational coaching, reverse mentoring and solution-focused coaching · The scenarios in which coaching and mentoring skills are particularly appropriate, for example, coaching under-performers, coaching star performers and coaching for career development There is also a handy section on the 10 pitfalls to avoid when coaching or mentoring. Written in the no-nonsense and engaging style of the other *Leader's Guide* books, this is the best tool on the market for managers wanting to coach their people to optimum performance. 'In this hands-on book, Mike and Fiona highlight the real difference between conventional management and effective leadership: management is a profession, while coaching is much wider; it encourages social interaction and a focus on human relationships at work. That's what new generations expect and respect.' Laurent Choain, Chief People & Communication Officer, Mazars Group 'It's not always easy for managers to recognise what real coaching is, let alone its value. This book makes a compelling case for the Manager as Coach and contains real, usable examples of how to go about it.' Ian Johnston, Chief Executive, Dubai Financial Services Authority

In this installment of the Soccer iQ series, college soccer coach and best-selling author, Dan Blank, educates coaches and players

on the most effective ways to implement a high-pressure style of team defending. Nearly 80% of goals scored are the result of three or fewer passes, and more than half of all goals scored begin when a team wins possession of the ball in its attacking half of the field. The numbers clearly indicate a statistical advantage to winning the ball in the opponent's end of the field, and that's exactly what high pressure is designed to do. High pressure is perhaps the most misunderstood term in soccer's vocabulary. There are countless coaches who want their teams to play high pressure, but many of them aren't always quite so sure about what that means. They tend to translate 'high pressure' into 'run around like you stole something until we score.' They only extract the urgency of which the term implies without much understanding of the nuance that makes high pressure a formidable system of team defense. Those coaches understand that high pressure requires a high work rate, but they don't understand the tactical savvy that can maximize the output of that work. As a result, their teams feature only the madness but not the method behind successful high pressure. High Pressure provides an easy-to-follow blueprint for coaches and players so they know not only what to do, but why they are doing it. In this book, Dan Blank clarifies the differences between high and low pressure and explains the big picture of high pressure defending. You will learn the roles of each position, the importance of restraining lines, and how to set up pressure funnels to win the ball in the attacking half. Coach Blank also details the telltale cues that signal a team to step up or back off its pressure, and much, much more. High pressure defending requires more than just hard work. It requires organization, communication and an indefatigable team spirit. This book will show you how to create and implement these elements to get a maximum return on your team's effort.

This bundle presents Doug Lennox's popular trivia book series in its entirety. These books will provide years and years of fun, with countless questions to be asked and tons of knowledge to be learned. The books cover general trivia but also such topics as sports (baseball, hockey, football, golf, soccer, among others), Christmas and the Bible, disasters and harsh weather, royal figures, crime and criminology, important people in Canada's history, and so much more! Along the way we find out the answers to such questions as: Why do the British drive on the left and North Americans on the right? What football team was named after a Burt Reynolds character? Who started the first forensics laboratory? Which member of the British royal family competed at the Olympics? Lennox's exhaustive series is fun for all ages. Includes Now You Know Now You Know More Now You Know Almost Everything Now You Know, Volume 4 Now You Know Big Book of Answers Now You Know Christmas Now You Know Big Book of Answers 2 Now You Know Golf Now You Know Hockey Now You Know Soccer Now You Know Football Now You Know Big Book of Sports Now You Know Baseball Now You Know Crime Scenes Now You Know Extreme Weather Now You Know Disasters Now You Know Pirates Now You Know Royalty Now You Know Canada's Heroes Now You Know The Bible

Your hands-on guide to coaching youth volleyball Have you been asked to coach a youth volleyball team? This friendly, practical guide helps you grasp the basics and take charge on the court. You get expert advice on teaching key skills to different age groups, running safe and effective practices, helping struggling players, encouraging good sportsmanship, and leading your team with confidence during a match. Lay the groundwork for a great season — develop your coaching philosophy, run an effective preseason meeting, and get up to speed on the rules and terminology of the sport Build your team — size up the players, find roles for everyone to succeed in, and coach all different types of kids Teach the basics of volleyball — from serving and passing to setting, attacking, and blocking, instruct your players successfully in all the key elements Raise the level of play — teach more advanced offensive and defensive skills and keep your kids' interest in volleyball going strong Make the moms and dads happy — work with parents to ensure a successful and fun season Score extra points — keep your players healthy and injury free, resolve conflicts, and coach a volleyball club team Open the book and find: Clear explanations of the game's fundamentals An assortment of the sport's best drills The equipment your team needs Player positions and their responsibilities Tips for running fun-filled practices Refinements for your coaching strategies How to meet players' special needs Ten ways to make the season memorable As a youth sports volunteer, you should get used to wearing many hats, for you'll be not just a coach, but also a teacher, friend, and confidant. Coaching can be rewarding, but if you venture into the season unprepared, the role can be a frustrating one. Enter Your First Coaching Book. Created by The National Alliance For Youth Sports, it provides valuable tips on how to encourage fun and good sportsmanship, maximize basic skill development, deal with inappropriate behavior from players and parents, and prevent injuries by maintaining high safety standards. Whether you're a first-year coach or a seasoned veteran, the children on your team will remember you and their sports experience for the rest of their lives. Your First Coaching Book will help ensure that these memories are happy ones.

Improve the sports life for players, parents, and coaches by opening the lines of communication between the three key groups in sports for ages 5-18. Give players, parents, and coaches the information needed to make sports a great experience for everyone involved for the ages of 5-18

I wrote this book so that I would remember lessons learned from coaching over forty years of football. The book talks about the importance of being demanding on players, but at the same time making sure their safety and success is above winning. The book goes into detail about the areas of building a successful football program. He discusses new coaches keeping the number of offensive plays within reason and running those plays with speed and deception. The book also features stories and philosophies of coaches who coach by doing the right thing. Coach Geigle's book is for football coaches who love the game and understand its impact on our youth today.

POSSESSION is a book for coaches of all levels who want their teams to pass the ball and pass it well. It combines a thorough explanation of possession concepts with 30 practical possession exercises to help your team develop its ability to keep the ball. Easy-to-understand diagrams help you understand the layout and design of these exercises. More importantly, the exercises include explanations about the critical coaching points AND the most common mistakes the players will make when playing these exercises. These insightful tips give coaches a head start by showing you what to expect once an exercise begins, the mistakes to look for and the proper corrections to make.

Coaching with Christ is beautiful book of inspiration on how to include God in your life and in your coaching. The reader will be amazed by what God can give one man to give to the world. Coach Johnson's book shows the journey of him designing such a brilliant coaching plan with the help of God. Those who read Coach Johnson's book from every level of the game, in every sport, will notice the book was not just handcrafted by man but by how God had his hands in it as well. An Amazon #1 Best-Seller! Named the #1 Soccer Book by Football.com. Named a Top 5 Book of the Year by the NSCAA Soccer Journal! Soccer iQ is the first book for soccer PLAYERS! In a world saturated with books about how to

coach soccer, Dan Blank finally gives players a book on how to think it. Standing on two decades of collegiate coaching experience, Blank has catalogued soccer's most common mistakes and provides simple, connect-the-dots solutions to help players solve their soccer problems. Soccer IQ is soccer's first text book for players; an almanac of smarter soccer decisions intended to flatten out the learning curve. It covers everything from hunting rebounds to the value of the toe-ball; from playing in the rain to the world's dumbest foul. Blank tells his story from the familiar and humorous voice of a coach who has endured years of stress at the hands of his players. Written in plain-spoken language, Soccer IQ is an easy read and a quick-fix to the most common yet critically important soccer problems. Includes a bonus chapter on the college recruiting process. " Finally someone wrote this book! If every soccer player read Soccer IQ, every coach would be a lot happier." Mark Francis - Head Coach University of Kansas "Dan Blank has just written soccer's first definitive text book." Colin Carmichael - Head Coach Oklahoma State University "This book has immediately become required reading for my team. I'll take 30 copies." Steve Nugent - Head Coach UNC-Greensboro "Soccer IQ may the best practical soccer book I have ever read. There's no fluff. Just nuts and bolts principles that we teach every day. It'll solve a lot of your soccer problems." Steve Holeman - Head Coach University of Georgia

Coaching: A Realistic Perspective is the ideal textbook for anyone entering the coaching profession of any sport. More than detailing the duties and tasks of a coach, this book explores the often-overlooked issues and responsibilities that go hand-in-hand with coaching: relationships among players, parents, and fans; ethical and moral issues and controversies; off-season housekeeping duties; and concerns particular to head and assistant coaches as well as single and married coaches. Similar to its previous edition, the eleventh edition includes end-of-chapter discussion questions to help inspire debate over common coaching issues. This edition has been updated to reflect the impact of social media on the coaching profession, including how it can be used in good, positive ways and how it can be detrimental to coaches and athletes if not used properly. It also features updated material on the issue of hazing, a huge concern today in all levels of athletics.

The methods and philosophies of the coaches at one of the most successful Clubs in the history of European soccer. The current Manchester United manager made a name for himself in the world of football while at dutch super club Ajax Amsterdam. This book chronicles his time in charge there with unprecedented inside access to the methods and philosophies that produced not only championship teams but also world class players.

As coach of the powerhouse Jenks (OK) High School Trojans, Allan Trimble has amassed an amazing number of victories, state championship titles, and national rankings. And he's done it with a carefully planned and executed game plan that promotes the positive development of athletes and teams. Trimble shares the specifics of his system in Coaching Football Successfully. This meaty coaching manual covers it all: sideline communication, teaching fundamentals, practice drills, scouting and game planning, and postgame analysis and adjustments. Whatever your offensive and defensive schemes may be, you'll find the concepts applicable to your own program. Loaded with detailed diagrams of plays and advice for handling off-the-field challenges, this book is of great benefit to both head coaches and assistants. Coaching Football Successfully is more than a worthwhile addition to your library; it's a proven game plan to building a championship-caliber football team.

The first question anyone should have for me is, Why would anyone be interested in an autobiography about my life as a coach? That would be a fair question, since I haven't won any national championships nor have I been in demand for speaking engagements. If you compare my coaching record to others, my won-lost record doesn't stand out. With that said, let me explain what I have to offer, and then you decide. This book is not just about my life as a coach, but rather, the lessons I have learned through my coaching career. Being old-school is about coaching kids and young adults, not a particular sport, gender, age, or level of play. I have coached on every level of play that exists and coached both genders on those levels, along with almost every sport that a school offers.

Whether your team is trying to win its first game of the high school season or preparing to take the floor for the national championship, you need to have a multitude of options for your offense. John Calipari brings winning one step closer with his tried-and-true collection of offensive plays. Presented in an easy-to-follow format with diagrams for reference, this book is a must for coaches looking to optimize their half-court game. John Calipari took the basketball program at the University of Massachusetts from one of the country's worst and made it into one of the elite, a program with legitimate national championship aspirations. A new state-of-the-art facility, the perpetually sold-out William D. Mullins Center; five straight Atlantic 10 regular-season titles; five straight A-10 Tourney titles; five straight NCAA appearances; trips to the Sweet Sixteen and Elite Eight; and 1996's trip to the Final Four sent a clear message to the basketball world: besides developing some outstanding UMass teams, John Calipari also built a winning program. He has also served as head coach of the New Jersey Nets.

Ranking the best coaches in NFL history is no easy task. How do we decide which coach had a bigger on-field impact? Or the best tactical skills, both defensively and offensively? Not to mention measuring the strength of what a coach does behind the scenes, how he motivates his players, or how he keeps them from cracking under the pressure. Is the "Hoodie" the greatest coach ever, or just lucky to have Tom Brady? What about Bill Parcells, Vince Lombardi, and John Madden? Where do they rank? Such are the questions that pro football writer Steve Silverman addresses in Who's Better, Who's Best in Coaching?. As statistician Elliott Kalb did with baseball, basketball, and golf, and Silverman himself did with football players in Who's Better, Who's Best in Coaching?, Silverman takes the next logical step in this new book. Taking the analytical methods he developed over his years as a senior editor at Pro Football Weekly, he applies them to an evaluation of coaches going back to the earliest days of the NFL. The result is a fascinating ranking of the best of the sideline, from legendary old-timers like Vince Lombardi to present-day blue-collar coaches like Tom Coughlin. Throughout, Silverman discusses the many considerations that must be made when comparing modern coaches with

coaches of past eras, or when comparing abrasive and domineering coaches with the more relaxed and Zen-like coaches. Including biographical essays on those top fifty coaches and detailed statistics for their career records in both the playoffs and regular season, *Who's Better, Who's Best in Coaching?* is a must-have for anyone who considers football more than just a game and who is fascinated by how it's coached. Skyhorse Publishing, as well as our Sports Publishing imprint, are proud to publish a broad range of books for readers interested in sports—books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. Whether you are a New York Yankees fan or hail from Red Sox nation; whether you are a die-hard Green Bay Packers or Dallas Cowboys fan; whether you root for the Kentucky Wildcats, Louisville Cardinals, UCLA Bruins, or Kansas Jayhawks; whether you route for the Boston Bruins, Toronto Maple Leafs, Montreal Canadiens, or Los Angeles Kings; we have a book for you. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

Recounting, for the first time, his experiences over his first four years coaching the Kentucky Wildcats, college basketball's most fabled program, the beloved coach shares the lessons he has learned about leadership, character and personal and collective victory.

Congratulations on your commitment to coach youth baseball. If you're new to coaching, you'll find *Coaching Youth Baseball* invaluable in making your first season a success. If you have previous coaching experience, you're sure to discover tips and strategies that will help you improve on last year. *Coaching Youth Baseball* will help you manage your team with confidence. This age-specific and field-tested coaching guide will prepare you to handle your responsibilities and establish proper priorities as a coach; communicate with players, officials, other coaches, and parents; teach baseball skills and strategies using a combination of more than 30 drills and 40 coaching tips; minimize the risk of injury, establish a safe playing environment, and administer basic first aid; plan and conduct efficient practices; manage your team on game day; and keep it all fun. Written for coaches of players ages 18 and under, this book is a valuable component of the *Coaching Youth Baseball the Babe Ruth League Way* online course, the official certification course of Babe Ruth League, the premier amateur baseball program in the world. With this book, you will create and nurture an athlete-centered environment that promotes player development, enjoyment, motivation, safety, and sportsmanship—an environment that inspires players to perform at their best and come out for the team year after year.

Soccer Strategies for Sustained Coaching Success is a unique book about coaching soccer. In it, Ashu Saxena shares successful secrets for long-term player development, which is a current hot topic in the soccer world. This is a special resource that combines credibility, experiences of a coach who has coached U9-U19 age groups, and comprehensive coverage of coaching soccer.

A top sports educator and former NFL standout featured in the best-selling *Season of Life* draws on his professional experiences to demonstrate how coaches can gain a deeper understanding of their responsibilities and influence, outlining tools for creating more meaningful athletic experiences for teams.

The inspiring and motivational inside story of 1996 UMass Minutemen coach John Calipari details his winning philosophy, "Refuse to Lose," which led the team, for the first time in their history, to the Final Four and resulted in professional and personal victory.

A truly innovative model for coaching soccer in which the thought side of the game is as important as the skills and players begin thinking early in their development. Features: 14 different shots; 6 possession secrets; Values for game day; Designing a defence; Breaking through to score; plus so much more. Teams of all levels will benefit from the Thoughtful Soccer practice.

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