

Nurse Survival Guide

This pocket-sized book, presented in an easy to follow format, is designed as tool for students and professionals to carry in any setting, providing a quick reference guide to supporting women during labour. This new edition of Labour Midwifery Skills has been updated to reflect the most up to date guidance around the care of women during labour. The second in a set of three books which together guide readers along each step in the journey from pregnancy to postnatal/neonatal care, Labour Midwifery Skills provides all the crucial information relating to the childbirth process. Underpinned with sections on related anatomy and physiology, it provides a breadth of information, including routine care in labour, managing obstetric emergencies, CTG interpretation and related skills such as catheterisation and vaginal examination. Used as a platform for wider reading, this text is an ideal reference point for any student or professionals involved with the care of childbearing women.

This easy-to-use guide provides a quick reference to the principles of palliative and end-of-life care for adults, to help you enable your patients to not only die peacefully but also live until they die. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

This highly practical text aims to provide the newly qualified dental nurse with with a basic guide to dental nursing issues. The Dental Nurse Survival Guide adopts the same Q&A format that has proven so successful with the best selling Staff Nurse Survival Guide. Each guide is a collection of all the common situations that a newly qualified practitioner might face. The aim is to produce an answer for each question that could be read in 5 minutes - a pocket-sized handbook containing ideas, principles and guidelines for a number of common and sometimes unexpected situations encountered in the first year of practice. Written by experienced author who wrote The Dental Nurses' Guide to Infection Control and Decontamination.

When you become a ward or unit manager, sister or charge nurse, your responsibilities change and you need a very different set of skills compared to your previous roles. You are now required to manage a team of staff with a set budget and are responsible for maintaining an environment in which people can work well. This book will help you to: Identify your responsibilities and best approaches as a manager to provide patients with a high standard of care through your staff; Read through examples, suggestions and tips following a highly practical approach; Manage your staff, time and budget; Create a positive work environment; Features: Completely updated and revised content written by well-known authors with extensive experience in the field; New sections on responsible use of social media, working with different generations in the workplace; how to make an impact, taking care of yourself etc. Leading teams in the context of enduring financial and staffing constraints Part of the A Nurse's Survival Guide series.

Do you need accurate information fast? The ward is a busy place with little time to check facts and figures. With this pocket-sized reference book you can quickly and accurately check everything from nursing terminology to CPR procedures. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

Do you need guidance and information on CPR? Do you need to understand the procedures and guidelines that govern the use of CPR? If you do, this pocket-sized reference guide provides you with all the information you need to conduct CPR safely and successfully. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

This book is a useful adjunct to the practicing nurse. Designed to be a quick reference guide rather than a comprehensive source of information, the emphasis is placed on information for which the nurse is responsible, but may not have committed to memory. It provides information useful in assessment, clinical practice, infection control, basic emergency care, and caring for clients from many different cultures. Sections on clinical referrals, the Internet, and professional networking enhance the nurse's personal and professional growth. The easy-to-use thumb tab format makes locating information quick and effortless. This book is a "must Have" for nurses practicing in today's health care environment.

This clear, concise, "hands-on" guide provides practical, realistic advice to nurse managers who have had little or no management training. Updated to provide the most current health care management information available, this third edition offers a new chapter on recruitment and retention, new content on managing in community settings, and new discussions on health care legislation, including the Health Insurance Portability and Accountability Act (HIPAA).

Handy format makes for easy reference Clear, bulleted content puts the emphasis on quick reference Reflective activities Diagrams clearly explain difficult concepts Case studies highlight best practice

Practical and convenient, the Pediatric Nurse's Survival Guide, second edition, is the perfect clinical reference! Get quick answers to your pediatric nursing questions concerning assessment, clinical values and standards, and most common conditions and diseases in this handy resource.

"This guide offers a visual, engaging approach that clearly explains topics such as: equipment and infusion devices, principles of peripheral and central venous therapy, peripheral and central complications, and special concerns for pediatric and older adult patients." -- WEBSITE. Developed for the U.K. student. This U.K. book is an indispensable guide on how to get into and survive a pre-registration nursing course. With an immensely readable style this book uses humor, case studies, hints, tips, and insights to inspire and encourage you to complete your course and become a nurse. Covering a wide range of topics it will help you to write assignments, make the most of clinical placements, cope with stress, understand U.K. medical terminology and nursing jargon, create a portfolio, reflect on your practice, and more. It also contains copies of essential Nursing and Midwifery Council publications such as the Code of Professional Conduct, Guidelines for the Administration of Medication and Guidelines for Records and Record Keeping, and explains their relevance to you as a nursing student. This unique U.K. book will be useful to those of any age considering nursing as a career, with or without previous practical experience in health care. It will help you understand exactly what your tutors and mentors expect from you and help you plan for and cope with the inevitable stress and frustration. This valuable resource will be an essential companion throughout your course. Written for students by a student, therefore authentic Case studies and quotes from students and nurses show readers that their thoughts and feelings are shared by others - this validation will reduce stress and anxiety and give credibility Humour and cartoons will make the text readable and fun to use Hints, tips and practical advice will encourage the 'flagging' student Appendices list other useful resources, contact details for organisations and websites Learn the basics of real life nursing that is not taught in school. Get valuable tips on how to survive the first 2 years of nursing using safe,

efficient, and empowering methods. Short, simple, and powerful! This is book 1 out of the New Age Nurse series.

This is a spin-off of the very popular Nurse's Survival Guide. It will present information that a nurse or a nursing student who is working with a pediatric patient may need to know but not necessarily memorize.

This book has been prepared by professionals working in the UK. It is not a primer on clinical skills but an indispensable handbook and resource for the new nurses who are about to embark on their first job and need to develop nursing judgment and the ability to organise and deliver care. It is about learning how to think like a nurse - developing the judgment and behaviour that is essential in competent practice. With an immensely readable style this book uses a friendly, conversational manner, with realistic hints, tips, and examples from real life, to encourage nurses in the early days of their careers. Issues such as assertiveness, delegation, CVs and interviews, leadership, developing "nursing intuition?", are covered as well as discussion about evidence based and reflective practice, direct entry into the community, and developing confidence in practice. This book will help nurses and students develop into competent and confident practitioners.

Starting a new placement? Moving to a new specialty? Revising? This 'Survival Guide' will give you the help you need with the procedures and problems faced by nurses today. Organising your job and yourself Working with patients Clinical information on a wide range of conditions Legal, health and safety issues Pocket-sized for convenience Bullet-points for quick reference Great revision aid!

Are you a starting work in critical care? Are you an experienced nurse but need to check guidelines and best practices? This is the indispensable guide to daily procedures and problems faced by nurses working in this specialty. This book will help you to Organise your job and yourself Assess patients and communicate with them Get clinical information on a wide range of conditions What to do in emergency This UPDATED edition: Completely updated and revised content written by authors with extensive nursing experience in the field Physiological, psychological and social areas, as well as legal issues, ethical and moral dilemmas that critical care nurses and health care practitioners may face on a daily basis Boxes, tips and diagrams to help bridge the theory-practice gap while embarking on your critical care career. Part of the A Nurse's Survival Guide series Completely updated and revised content written by authors with extensive nursing experience in the field Physiological, psychological and social areas, as well as legal issues, ethical and moral dilemmas that critical care nurses and health care practitioners may face on a daily basis Boxes, tips and diagrams to help bridge the theory-practice gap while embarking on your critical care career.

Clinical Skills Pearson Education

Congratulations! Not only have you survived your first year in nursing, but you have managed to become a leader in the

process. That's right! Someone has seen your nursing super-hero powers in action, and you have now been invited to become a nurse preceptor for the next generation of nurses at the bedside. Using real-world precepting experience, WWFD aims to help you navigate your transition into your first leadership role at the bedside! From how to safely increase your orientee's patient assignment to providing difficult feedback, this preceptor survival guide offers practical advice on how to dominate your first nurse precepting gig. Among other things, you will gain helpful insight on how to improve the time management and critical thinking skills of those you precept, how to 'Mama Bird' without hovering, and tips for effectively managing the anxious or overly-confident new nurse. Dive into this short and sweet survival guide to learn how to educate, protect, and empower the novice nurse at the bedside.

This practical resource gives school nurses ready-to-use strategies, techniques, and materials for efficiently managing a broad scope of tasks and varied role responsibilities in providing health care services for students, staff, and parents. Part of the popular Saunders Nursing Survival Guide series, this book prepares you to manage the most common health care problems you'll see in critical care, trauma, or emergency settings. Each chapter is organized from the most immediate and life-threatening conditions to less emergent critical care conditions. Its lighthearted, cartoon-filled approach simplifies difficult concepts, covering each body system in terms of current practice standards. Consistent headings break content into four succinct areas of review: What (subject) IS, What You NEED TO KNOW, What You DO, and Do You UNDERSTAND? Clinical terms and shorthand expressions are highlighted, exposing you to terminology used in the hospital setting. A color insert illustrates concepts and principles of critical care and emergency nursing, including various complications. Mnemonic devices aid your memory and interactive activities help you learn, with exercises including fill in the blank, matching, word jumbles, true/false, and crossword puzzles. Special icons help you focus on vital information: Take Home Points help you prepare for clinical rotations. Caution notes alert you to dangerous conditions and how to avoid them. Lifespan notes point out age-related variations in signs and symptoms, nursing interventions, and patient teaching. Culture notes cite possible variations related to a patient's cultural background. Web links direct you to Internet resources for additional research and study. What You WILL LEARN learning objectives help you identify quickly the content covered and goals for each chapter. NCLEX-style examination-style review questions at the end of each chapter allow you to test your understanding of content and practice for the Boards. Cartoon characters with brief captions help to better explain difficult concepts. Margin notes are streamlined for ease of use and effectiveness. Content updates reflect current practice and emergent situations, including increased focus on disaster preparedness, code management, updated ACLS guidelines, and hypertension.

"The book begins with an overview of five main concepts: cardiac output, stroke volume, preload, afterload, and contractility. It

discusses equipment used for specific procedures, followed by discussions of specific aspects of hemodynamic monitoring including cardiac output, intra-arterial, central venous, pulmonary artery, and mixed venous oxygenation." -- WEBSITE.

Further to the success of the previous editions, A Nurse's Survival Guide to the Ward continues to be the indispensable guide to all the procedures and problems faced by nurses and healthcare professionals every day. Whether you are a clinical practicing student or a qualified nurse, this book is the perfect straightforward reference for every doubt you might have about emergency situations, as well as assessments, clinical procedures and much more. What will you find in this updated edition: Completely updated and revised content written by well-known authors with extensive experience in the field; Up-to-date legal issues, health and safety, professional practice issues and ethics in nursing; Expansions of areas such as oxygen administration, fluid and electrolyte balance and nutrition Completely updated and revised content written by well-known authors with extensive experience in the field; Up-to-date legal issues, health and safety, professional practice issues and ethics in nursing; Expansions of areas such as oxygen administration, fluid and electrolyte balance and nutrition

Your transition from nursing student to practicing nurse begins here! Packed with real-life examples and indispensable advice from novice nurses and staff development experts, New Nurse's Survival Guide is the single best book available on how to get the job you want and become the nurse you aspire to be after you graduate from nursing school. You'll learn exactly what you must know and do in order to stand out from all the other new graduates and make yourself irresistible to employers -- in even the most challenging job market. And you'll find out what it really takes to thrive, not just survive, during your first year on the job. Land a great job in any economy by learning: What you can do to gain on-the-job experience while you are still in school How to prepare for your job search, interview, and orientation What hospitals are looking for and what you need to bring to the table How you can demonstrate that you are a nurse that takes the initiative How to demonstrate leadership to potential employers

Are you a nurse, a physician's associate or a medical student in an acute or emergency unit? This is your indispensable primer of acute medical care – a pocket guide to caring for patients with acute medical conditions. This book will help you to care for patients in the first critical 24 hours of admission manage patients using the most up-to-date evidence based approach understand the most common emergency medical conditions and their underlying disease mechanisms handle the patient's assessment , understand the observations and manage their disease easily obtain clear practical advice know what to tell the patient and relatives using jargon-free language access information on SARS, avian influenza and bio-terrorism This updated edition contains improved sections on stroke care, diabetes and sepsis, introduces the NEWS 2 observation chart has revised its case histories in line with current practice This updated edition: contains improved sections on stroke care, diabetes and sepsis, introduces the NEWS 2 observation chart has revised its case histories in line with current practice improved sections on stroke care, diabetes and sepsis, introduction of the NEWS 2 observation chart revised case histories in line with current practice

Even after years of training and hard work, finding yourself on the threshold of your nursing career is often a daunting prospect. In this revised and updated second edition, Jackie Hole provides clear, practical advice on both managing the transition from student

to qualified nurse - including getting the most from your final placement and making applications - and practical advice on key areas encountered in the first weeks and months after qualification. Drug safety, dealing with common clinical problems, and how and when to seek expert advice are all covered, while a newly written chapter addresses the key area of infection control. Management aspects such as delegation, objective setting, budgeting, prioritisation of care and time management are outlined clearly and engagingly, along with questions of professional development and career futures. This book will be invaluable to newly-qualified nurses, as well as to student nurses, nurse tutors, and experienced nurses wishing to gain an insight into their own practice and changes in the profession.

Are you managing other people? If so, you will find this an indispensable guide to situations and problems faced by ward managers, sisters and charge nurses today. This new edition retains the book's practical approach, providing hints and tips on cutting through bureaucracy to ensure patient care remains uppermost on your agenda. This book will help you to Manage your time Create a positive work environment Ensure care is patient-centred Manage your budget Be politically aware Manage difficult staff and situations This book will help you to . Organise yourself and your workload . Manage staff, people and difficult situations . Make sure care is patient-centred . Manage your budget . Deal with complaints . Handle staff recruitment . Be a good role model. This new edition retains the book's practical approach, providing hints and tips on cutting through bureaucracy to ensure patient care remains uppermost on your agenda. Reflects the most recent developments affecting ward management, including the current national focus on quality indicators and working within tighter budgets. A new chapter on 'Improving Quality and Safety' explains the national quality initiatives and their impact, as well as taking you through the practical processes of handling complaints and incidents. Updated guidance on pertinent issues such as 'whistle-blowing' and 'safeguarding'.

Understanding how drugs work is made simple in this easy to use pocket-sized guide. Drugs in common use are described under each body system and will form an aid to your confident administration of drugs to fit your patients' needs. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

Are you mentoring students or other staff? This is an indispensable handbook for: both new and experienced mentors seeking practical advice academic staff who deliver mentorship programmes link lecturers who support mentors in practice. Guidance and tips on supporting and assessing Understanding accountability – mapping to NMC standards Skills focus, using case studies Hints, tips, insights and humour Supporting the student with a disability Using simulated learning The role of the sign-off mentor Following the success of the previous edition, A Nurse's Survival Guide to Drugs in Practice has been completely updated with revised content written by expert practitioners and educators in the field of drug administration and pharmacology. It continues to follow the popular systems approach and is now revised with new sections on the immune system added. The book provides the underpinning current knowledge required for professional judgement and safer medication management. This will be an invaluable resource for those studying prescribing courses as well as being useful for paramedics, student nurses and all qualified staff. A more detailed account of medication management, including drug errors and strategies to mitigate against them occurring, is

included. The multidisciplinary nature of drug administration from the naming of drugs, through drug preparation, administration and outcome are taken into account.

Are you supporting students in practice? This book provides an overview of the different approaches and summarises the key NMC Standards that you need to understand. You will follow the student's journey on placement starting from the preparation needed before they arrive through to the orientation, initial interview and planning of learning, plus how to provide feedback and ensure that your assessment is fair and objective. Some of the challenges you may face will be explored, along with approaches you can use to ensure successful outcomes. This is an indispensable handbook for: both new and experienced nurses seeking practical advice academic staff who prepare and support practice supervisors and assessors students undertaking modules on teaching and learning in practice Based on the NMC standards for student supervision and assessment Offers guidance and tips on supporting and assessing students on placements Presents sections on understanding you, supporting the student with additional needs, and using simulated learning Covers how to support students who are not making the progress expected Action points at the end of each chapter will help you consolidate your learning Part of the A Nurse's Survival Guide series. Now fully aligned to the latest NMC standards and competencies on supervision and assessment.

'The Clinical Placement' is a survival tool for nursing students and those that support them throughout their clinical learning journey: mentors, facilitators, academics, clinical partners and registered nurses.

This is a handy pocket guide provides nurses with quick reference to key information and a wide variety of topics. Coverage includes organization; cultural, legal, and safety issues; emergency situations; assessment; principles and procedures; notes on disorders by system, and more.

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