

Lonely Planet Nepal Guide

Horizon Guides' Trekking in Nepal is your one-stop guide to the best hiking and trekking routes in Nepal.

This guide provides the inspiration and practical information you need to begin planning a trekking in Nepal trip.

We look at the different trekking regions of Nepal, with detailed guides and maps to each route. The guide examines the different trekking permits you'll need, looks at organised versus solo trips and provides resources on what to pack and when to go.

In this guide:

- In-depth travel planning guide to trekking in Nepal routes
- Practical resources on how to plan, book and experience a trip to Nepal
- Route maps highlighting potential itineraries
- Guidance on when to visit and what to experience

Our Trekking in Nepal guide is designed to help travellers learn more about how to plan a trip to Nepal. Get inspired by our first-hand experiences and get planning with our in-depth guides.

The book describes a trek to the Annapurna Sanctuary in Nepal in October/November 2013. As well as being a journal of the author's trek, the book describes the realities of trekking in Nepal for the first time trekker. It explains what the trekker should take on the trek, the type of accommodation he or she will encounter, and other practical matters the first time trekker will find useful. However this is more than just a trekking book, and should be of interest to anyone wanting to learn about this fascinating country. It provides an overview of the main sites or activities for tourists in Kathmandu, Pokhara, the world famous Chitwan National Park, and some background information about the spectacular Annapurna mountain range. It is written in a very accessible style and illustrated with photographs of the trek. It is not intended to replace books such as the Lonely Planet or Rough Guide to Nepal. However, it is aimed at the first time trekker or visitor who wants an easy to read introduction to trekking and to Nepal, before immersing in the detail. Royalties from the sale of this book are donated to the Planets charity for pancreatic and associated cancers (www.planetscharity.org).

This travel guide explores exotic Nepal with easy-to-use maps, recommendations, well-researched background information and coverage of Nepal's Durbar Square, plus feature sections on people, arts, crafts, festival dates, descriptions and highlights. Maps. Photos.

Dit eboek is een text-only versie van de reguliere reisgids. De gids is wel voorzien van kaarten maar bevat geen fotos. Israël is niet alleen de bakermat van drie van de voornaamste wereldgodsdiensten (jodendom, christendom en islam), maar is ook het scharnierpunt van ingrijpende politieke ontwikkelingen. Hoewel de staat Israël pas onlangs in 2008 haar zestigste verjaardag vierde, gaat de historie van dit gebied vele duizenden jaren terug. Marco Baars en Eric van Donk nemen de conflictrijke geschiedenis en het eeuwenoude culturele erfgoed van dit deel van de wereld onder de loep. Ondanks de politieke puzzel is Israël een zeer veelzijdige vakantieland, dat zowel in georganiseerd verband als zelfstandig kan worden bereisd. Bezoek bijvoorbeeld het bruisende Tel Aviv, drijf in de Dode Zee, trek door de gevarieerde Negev-woestijn en de lommerrijke heuvels van Galilea, verken de oude bijbelse steden Nazareth, Hebron, Jericho en Bethlehem, en ontspan aan de kust van de Rode of Middellandse Zee. Ook voor wie alleen het fascinerende Jeruzalem bezoekt, wijst deze gids letterlijk en figuurlijk de weg.

A trek is the traditional way to experience the spectacular Nepal Himalaya and its rich blend of people and cultures. This comprehensive guide by longtime Kathmandu resident and trekkers Stan Armington will help you prepare for a trek and should be with you when you go. It describes the best treks in Nepal - the most popular routes, plus off-the-beaten-track alternatives.

This country guide offers down to earth, accurate information for every budget. Includes detailed Getting Started and itinerary chapters, Highlights sections that showcase the country's must-see sights, easy-to-use grid-referenced maps, and chapters on history, culture, food and environment.

The latest edition of this quintessential guide to Nepal includes useful cultural background, more than fifty detailed maps, accommodation suggestions to suit any budget, and essential advice on pre-departure preparation. In addition there are valuable tips on environmentally aware travel, extensive descriptions of the country's religions, and a section on Nepalese cuisine. Nepalese script is used throughout to help with place name identification.

General information on travel in Nepal.

Lonely Planet Tibet is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Hike around sacred Mt Kailash, join pilgrims at the Jokhang, Tibet's holiest sanctum, or view Mt Everest unobstructed from Rongphu Monastery; all with your trusted travel companion.

Lonely Planet: The world's leading travel guide publisher Lonely Planet Yellowstone & Grand Teton National Parks is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Spot wolves and grizzlies in Lamar Valley, watch geysers erupt in Old Faithful and Upper Geyser Basin, or get out on the water in a kayak or canoe at Jackson Lake; all with your trusted travel companion. Get to the heart of Yellowstone & Grand Teton National Parks and begin your journey now! Inside the Lonely Planet Yellowstone & Grand Teton National Parks Travel Guide: User-friendly highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices, emergency information, park seasonality, hiking trail junctions, viewpoints, landscapes, elevations, distances, difficulty levels, and durations Focused on the best - hikes, drives, and cycling tours Honest reviews for all budgets - eating, sleeping, camping, sight-seeing, going out, shopping, summer and winter activities, and hidden gems that most guidebooks miss Contextual insights give you a richer, more rewarding travel experience - history, geology, wildlife, conservation

Over 47 full-color trail and park maps and full-color images throughout Useful features - Travel with Children, Clothing and Equipment, and Day and Overnight Hikes Covers Yellowstone National Park area, Mammoth Country, Roosevelt Country, Canyon Country, Lake Country, Norris, Geyser Country, Bechler Region, Grand Teton National Park area, Jackson and more eBook Features: (Best viewed on tablet devices and smartphones) Downloadable PDF and offline maps prevent roaming and data charges Effortlessly navigate and jump between maps and reviews Add notes to personalize your guidebook experience Seamlessly flip between pages Bookmarks and speedy search capabilities get you to key pages in a flash Embedded links to recommendations' websites Zoom-in maps and images Inbuilt dictionary for quick referencing The Perfect Choice: Lonely Planet Yellowstone & Grand Teton , our most comprehensive guide to these two parks, is perfect for both exploring top sights and taking roads less travelled. Looking to visit more national parks? Check out USA's National Parks, a new full-color guide that covers all 59 of the USA's national parks. Authors: Written and researched by Lonely Planet. About Lonely Planet: Since 1973, Lonely Planet has become the world's leading travel media company with guidebooks to every destination, an award-winning website, mobile and digital travel products, and a dedicated traveler community. Lonely Planet covers must-see spots but also enables curious travelers to get off beaten paths to understand more of the culture of the places in which they find themselves. TripAdvisor Travelers' Choice Awards winner in Favorite Travel Guide category for 2012, 2013, 2014 and 2015.

Lonely Planet: #1 Travel publisher in the world* Lonely Planet Across Asia on the Cheap is a reprint of the very first Lonely Planet guide, originally published in 1973. It gives anyone interested in travel a unique insight into how Lonely Planet began and an idea of what it was like to travel overland from Europe to Asia, 40 years ago. Inside Lonely Planet Across Asia on the Cheap Introduction to the Lonely Planet story Latest eBooks Discover how far Lonely Planet's books have changed over the last 40 years Country by country get an understanding of what it was like to travel overland in the 70s... ideal for the armchair traveller eBook Features Seamlessly flip between pages Quickly find what you are looking for with search capabilities Use bookmarks to quickly return to a page Add notes by touching a word to personalize your guidebook Inbuilt dictionary allows you to quickly look up the meaning of any word Authors Written and researched by Lonely Planet, Tony and Maureen Wheeler. About Lonely Planet Lonely Planet is the world's leading travel content provider. Started in 1973, we enable curious travelers to experience the world and get to the heart of a place via guidebooks to every destination on the planet, an award-winning website, a suite of mobile and digital travel products, and a dedicated traveler community. 'TripAdvisor Travelers' Choice Awards 2012 winner in Favourite Travel Guide category' "Lonely Planet... It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the internet. It's everywhere, and it's telling entire generations of people how to travel the world." - Fairfax Media (Australia) *#1 in the world market share - source: Nielsen Bookscan. Australia, UK and USA. March 2012-January 2013

Lonely Planet's India is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Marvel at the intricate floral designs on the Taj Mahal and listen to monks chanting in the shadow of the mighty Himalaya in Ladakh – all with your trusted travel companion.

Lonely Planet Nepal Lonely Planet Lonely Planet Trekking in the Nepal Himalaya

Lonely Planet Trekking in the Nepal Himalaya is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Get to the heart of the Nepal Himalaya and begin your journey now!

Vols. for 3rd ed. (2012)- by Anthony Ham.

Geïnspireerd door ware gebeurtenissen. Yui is een jonge vrouw die bij de tsunami van 2011 haar moeder en haar dochtertje is verloren, en sindsdien niet goed weet hoe ze verder moet met haar leven. Terwijl ze worstelt met haar verdriet, hoort ze het verhaal van een oude man die een kapotte telefooncel in zijn tuin heeft gezet. Op die plek lukt het mensen die een geliefde zijn verloren om met hen te communiceren via de wind en zo enigszins om te gaan met hun verlies. Terwijl het nieuws van de telefooncel zich verspreidt, komen mensen van steeds verder hierheen om met hun geliefden te kunnen 'spreken'. Ook Yui besluit de reis te maken. Maar eenmaal daar, heeft ze niet de moed om de telefoon op te pakken. Maar ze blijft terugkomen, om de mensen te observeren die dat wel kunnen. Dan ontmoet ze Takeshi, een weduwnaar wiens dochtertje niet meer heeft gepreut sinds het overlijden van haar moeder... 'Absoluut adembenemend.' – Christy Lefteri, auteur van De bijenhouder van Aleppo

Lonely Planet Bhutan is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Join the pilgrims at colourful Changangkha Lhakhang, hike to the dramatic cliff-hanging Taktshang Goemba, or explore the busy weekend market at Thimpu; all with your trusted travel companion. Get to the heart of Bhutan and begin your journey now! Inside Lonely Planet Bhutan Travel Guide: Colour maps and images throughout Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Honest reviews for all budgets - eating, sleeping, sight-seeing, going out, shopping, hidden gems that most guidebooks miss Cultural insights give you a richer, more rewarding travel experience - festivals, architecture, Buddhism, customs, wildlife, history, traditional arts Over 37 maps Covers Thimphu, Paro Dzongkhag, Trongsa Dzongkhag, Mongar Dzongkhag and more About Lonely Planet: Since 1973, Lonely Planet has become the world's leading travel media company with guidebooks to every destination, an award-winning website, mobile and digital travel products, and a dedicated traveller community. Lonely Planet covers must-see spots but also enables curious travellers to get off beaten paths to understand more of the culture of the places in which they find themselves. The world awaits! Lonely Planet guides have won the TripAdvisor Traveler's Choice Award in 2012, 2013, 2014, 2015, and 2016. 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' -- Fairfax Media 'Lonely Planet guides are, quite simply, like no other.' - New York Times Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Avoid embarrassing situations with our essential tips on culture and manners Use our carefully selected words and phrases to get around with ease Refreshed look and improved navigation Order the right meal with our menu decoder Lonely Planet: The world's number one travel guide publisher* Lonely Planet's Nepal is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Explore the historic temples of old Kathmandu, search for rhinos and tigers in the dawn mist of Chitwan National Park, and trek in the shadow of the world's highest mountain on an Everest Base Camp expedition – all with your trusted travel companion. Get to the heart of Nepal and begin your journey now! Inside Lonely Planet's Nepal: Colour maps and images throughout Highlights and

itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss Cultural insights provide a richer, more rewarding travel experience - covering history, people, music, landscapes, wildlife, cuisine, politics Covers Kathmandu, Around the Kathmandu Valley, Pokhara & Around, The Terai & Mahabharat Range eBook Features: (Best viewed on tablet devices and smartphones)

Downloadable PDF and offline maps prevent roaming and data charges Effortlessly navigate and jump between maps and reviews Add notes to personalise your guidebook experience Seamlessly flip between pages Bookmarks and speedy search capabilities get you to key pages in a flash Embedded links to recommendations' websites Zoom-in maps and images Inbuilt dictionary for quick referencing The Perfect Choice: Lonely Planet's Nepal is our most comprehensive guide to the country, and is designed to immerse you in the culture and help you discover the best sights and get off the beaten track. Looking for more extensive trekking coverage? Check out Lonely Planet's Trekking in the Nepal Himalaya. About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, video, 14 languages, nine international magazines, armchair and lifestyle books, ebooks, and more. 'Lonely Planet guides are, quite simply, like no other.' – New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' – Fairfax Media (Australia) *Source: Nielsen BookScan: Australia, UK, USA, 5/2016-4/2017 Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Provides suggested itineraries and offers recommendations for accommodations, restaurants, transportation, shopping, major points of interest, and sightseeing activities in Nepal.

Lonely Planet's Discover India is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Gaze at the iconic Taj Mahal, ride a camel through a magical desert scene in Jaisalmer, or hit the famous beaches of Goa; all with your trusted travel companion.

ADRENALINE-PACKED activities chapter has you paddling, biking and climbing Nepal. FULL-COLOUR FEATURE, reveals the best temples, festivals & mountain trails. GREEN INDEX helps you tread lightly Lonely Planet has found the best of Nepal. Lose yourself in the temple-strewn alleys of Bhaktapur, the quiet beauty of a Himalayan vista or the vibrant excitement of a Bodhnath Stupa pilgrimage - then find your next adventure with our 8th edition of this indispensable guide. Lonely Planet guides are written by experts who get to the heart of every destination they visit. This fully updated edition is packed with accurate, practical and honest advice, designed to give you the information you need to make the most of your trip.

This guide to Nepal provides practical information on most aspects of travel, including health and safety advice, information on local cuisine, advice on customs and etiquette, historical and cultural information, maps, and more.

Horizon Guides' *Safari In South Africa* is your one-stop guide to the best safaris destinations in South Africa.

This guide provides the inspiration and practical information you need to begin planning a safari trip in South Africa.

We look at the different safari regions of South Africa, including where is best for different budgets, what animals you can see and how to make the most of your safari adventure.

In this guide:

- In-depth travel planning guide to safari routes
- Practical resources on how to plan, book and experience a trip to South Africa
- Route maps highlighting potential itineraries
- Guidance on when to visit and what to experience

Our *Safari In South Africa* guide is designed to help travellers learn more about how to plan a trip to South Africa. Get inspired by our first-hand experiences and get planning with our in-depth guides.

This comprehensive companion, now in its third edition, provides essential pretrip planning advice, regional overviews with maps and itineraries, and practical resources for finding work abroad. Now in full colour packed with inspirational images.

"Il Nepal, paradiso del trekking, significa anche templi dorati, affascinanti villaggi di montagna, animali selvaggi da osservare nella giungla e favolosi panorami himalayani." Esperienze straordinarie: foto suggestive, i consigli degli autori e la vera essenza dei luoghi. Personalizza il tuo viaggio: gli strumenti e gli itinerari per pianificare il viaggio che preferisci. Scelte d'autore: i luoghi più famosi e quelli meno noti per rendere unico il tuo viaggio. In questa guida: organizzare il trekking; bicicletta; rafting e kayak; arte e

cultura; turismo responsabile.

Founders of the phenomenally successful publishing company Lonely Planet, Tony and Maureen Wheeler have produced travel guides to just about every country across the globe. Lonely Planet Publications was born in 1973 when the Wheelers self-published a quirky travel guide, *Across Asia on the Cheap*. This was quickly followed by what soon became the backpackers' bible, *South-East Asia on a Shoestring*. Going boldly where no other travel publisher had ventured, their budget-conscious travellers guide provided knowledge long before the advent of mass tourism. *Once While Travelling: The Lonely Planet Story* is a unique mix of autobiography, corporate history and travel book. It traces Tony and Maureen Wheeler's personal story as well as the often bumpy evolution of their business into the world's largest independent travel publishing company. Above all, their memoir reveals the spirit of adventure that has made them, according to the *New York Daily News*, 'the specialists in guiding weird folks to weird places.'

Lonely Planet's *Best of India* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Marvel at the intricate floral designs on the Taj Mahal, float along Kerala's backwaters as the sun sinks behind whispering palms, and dive into the teeming bazaars, mighty fortresses and fine dining of Jaipur – all with your trusted travel companion.

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