

## Hikikomori Adolescence Without End

This book presents a series of recent studies that introduce current topics and novel concepts in the field of information science. Among the chapters are discussions of the contribution of information science to society in the dual context of the Fourth Industrial Revolution and Agenda 2030, some negative aspects of information behaviour, including criminal activities in the dark web and the hikikomori phenomenon, the hot issues of fake news and hate speech from a library and information science perspective, gamification in libraries, and the new concepts of 'jamography' and 'disnormative information'. Intended for information specialists and researchers, librarians and library and information science students, the book analyses how people use information, what their information needs are and how these needs are satisfied in today's digital world. The book can also serve as a useful reference for the education and training of students and specialists in library and information services.

This book explores the history and continuing relevance of melancholia as an amorphous but richly suggestive theme in literature, music, and visual culture, as well as philosophy and the history of ideas. Inspired by Albrecht Dürer's engraving *Melencolia I* (1514)—the first visual representation of artistic melancholy—this volume brings together contributions by scholars from a variety of disciplines. Topics include: *Melencolia I* and its reception; how melancholia inhabits landscapes, soundscapes, figures and objects; melancholia in medical and psychological contexts; how melancholia both enables and troubles artistic creation; and Sigmund Freud's essay "Mourning and Melancholia" (1917).

Counsellors and psychotherapists are faced with ever-increasing complexity in their work with adolescents. In this book, Bronagh Starrs offers an understanding of developmental and therapeutic process from a relational-phenomenological Gestalt perspective. Starrs shows how the adolescent's presenting symptom issues are statements of compromised lifespace integrity and demonstrates therapeutic sensibility to the adolescent's first-person experience. Throughout the book, the clinician is offered extensive relational and creative strategies to support integrity repair for the adolescent. The developmental impact of various lifespace contexts are discussed, including parental separation, complex family configuration, grief, adoption, and emerging sexual orientation and gender experience. Therapeutic responses to common creative adjustments are explored including anxiety, school refusal, depression, self-harm, suicide, eating disorders, alcohol and drug use, and sexual trauma. *Adolescent Psychotherapy: A Radical Relational Approach* will help counsellors and psychotherapists to develop deeper levels of competency in their work as adolescent psychotherapists, as they navigate the complex and fascinating experience of therapy with teenagers. This exceptional contribution is highly suitable for both experienced practitioners and students of counselling and psychotherapy.

Matthew H. Bowker offers a novel analysis of "experience": the vast and influential concept that has shaped Western social theory and political practice for the past half-millennium. While it is difficult to find a branch of modern thought, science, industry, or art that has not relied in some way on the notion of "experience" in defining its assumptions or aims, no study has yet applied a politically-conscious and psychologically-sensitive critique to the construct of experience. Doing so reveals that

most of the qualities that have been attributed to experience over the centuries — particularly its unthinkability, its correspondence with suffering, and its occlusion of the self — are part of unlikely fantasies or ideologies. By analyzing a series of related cases, including the experiential education movement, the ascendancy of trauma theory, the philosophy of the social contract, and the psychological study of social isolation, the book builds a convincing case that ideologies of experience are invoked not to keep us close to lived realities and ‘things-in-themselves,’ but, rather, to distort and destroy true knowledge of ourselves and others. In spite of enduring admiration for those who may be called champions of experience, such as Michel de Montaigne, Ralph Waldo Emerson, and others treated throughout the work, the ideologies of experience ultimately discourage individuals and groups from creating, resisting, and changing our experience, urging us instead to embrace trauma, failure, deprivation, and self-abandonment.

Retreat is a lexicon, or inventory of language, to describe the action of withdrawal from civic life. By creating a spatial approach to the language of “escape”, the publication attempts to widen the definitions of familiar terms such as safety, surveillance, and self-reliance. The lexicon draws attention to current global events, such as the thread of epidemic disease, climate catastrophe, the militarization of public space and the impact of mass surveillance on daily life, specifically the emotional and social impact of the presence of unknown and potentially life threatening elements. The editorial approach for the lexicon is to investigate the notion and practices of retreat, its strategies and imaginaries, through others’ words as they inform contemporary spatial paradigms. A wide variety of source types (from blogs to Wikipedia to academic texts) and media (photographs, films, books, objects) and forms of literary genres are mobilized to create a portrait of retreat that describes not only militarized zones but dreams and anxieties of individuals across the globe, helping us better understand how humans might negotiate civil and human rights and freedoms within civic society at large.

Puberty is a time of tumultuous transition from childhood to adulthood activated by rapid physical changes, hormonal development and explosive activity of neurons. This book explores puberty through the parent-teenager relationship, as a “normal state of crisis”, lasting several years and with the teenager oscillating between childlike tendencies and their desire to become an adult. The more parents succeed in recognizing and experiencing these new challenges as an integral, ineluctable emotional transformative process, the more they can allow their children to become independent. In addition, parents who can also see this crisis as a chance for their own further development will be ultimately enriched by this painful process. They can face up to their own aging as they take leave of youth with its myriad possibilities, accepting and working through a newfound rivalry with their sexually mature children, thus experiencing a process of maturity, which in turn can set an example for their children. This book is based on rich clinical observations from international settings, unique within the field, and there is an emphasis placed by the author on the role of the body in self-awareness, identity crises and gender construction. It will be of great interest to psychoanalysts, psychotherapists, parents and carers, as well as all those interacting with adolescents in self, family and society.

Learn more about the positive and negative psychological effects of solitude, isolation, and being alone in this expertly edited resource It has never been more important to

understand the impact of solitude. The newly revised and updated second edition of *The Handbook Of Solitude: Psychological Perspectives On Social Isolation, Social Withdrawal, and Being Alone* delivers another comprehensive academic volume of psychological research on the topic of solitude. This second edition includes a new organizational framework that considers both contemporary and emerging conceptual perspectives along with a more nuanced approach to the significance of context in the study of solitude. There is also an increased focus on clinical, developmental, and social psychological perspectives. The latest edition also offers new discussions regarding recent trends in the positive aspects of solitude, including a new chapter on mindfulness, and provides more detailed coverage of the emerging impact of social media and computer gaming on psychological health and well-being across the lifespan. Scholars from across the world have contributed to this volume, coming from countries including Australia, Canada, China, Finland, Greece, Poland, South Korea and the USA, among others. The editors offer a broad and complete perspective that will appeal to many disciplines within psychology, and the book provides accessible content that is relatively brief in length and edited to remove unnecessary technical jargon. The book also includes:

- Lengthy discussions of historical and theoretical perspectives on solitude, including the phenomenon of social withdrawal in childhood
- An exploration of the significance of close relationships, including with peers and parents, on experiences of being alone and psychological well-being
- A treatment of the neuroscientific and evolutionary perspectives on shyness and social withdrawal
- A comprehensive section on solitude across the lifespan, including expressions of shyness in infancy and childhood, the causes and consequences of playing alone in childhood, social withdrawal in adolescence and emerging adulthood, being single in adulthood, and isolation, loneliness, and solitude in older adulthood
- A consideration of solitary confinement as an extreme form of social isolation
- Careful cultural consideration of solitude and related constructs with new chapters on immigration and hikikomori

Perfect for advanced undergraduate and graduate level students taking a variety of courses in developmental, biological, social, personality, organizational, health, educational, cognitive, and clinical psychology, the second edition of *The Handbook Of Solitude* has also earned a place in the libraries of researchers and scholars in these, and related psychological disciplines.

This book focuses on an increasingly current phenomenon in various countries around the world. It offers an interdisciplinary point of view with a broad and, at the same time, in-depth vision of the various aspects that can contribute to better understanding social isolation. The authors, who represent different disciplines and belong to different countries of the world, offer high-profile scientific contributions with new perspectives in the field of social security thanks to the originality of their ideas, theories, research, scientific results and suggestions. Understanding all this opens up new horizons towards the new frontiers of knowledge. "I go out. You want to come? The insulation would be too heavy; desperate and crazy on the deserted streets. To demand a destiny."(Sylvia Plath)

The Fourth Industrial Revolution represents the most advanced frontier of technological innovation that will transform the economy of the future in a disruptive way, introducing new devices such as: self-guided vehicles, 3D printing, advanced robotics, new materials, digital platforms, gene editing, etc. The expression "empathic media" means

not only the platforms and devices that develop forms of “emotional artificial intelligence,” but all those innovations which have been able to enhance the emotional nature of the human being in commercial terms. In this endeavor, this book first offers an overview of how branding and consumer culture evolved. It then highlights the close link between technologies and emotions by introducing how the main metaphor (from monster, robot, to cyborg) has shifted with the development of society.

'To do nothing at all is the most difficult thing in the world.' Oscar Wilde More than ever before, we live in a culture that excoriates inactivity and demonizes idleness. Work, connectivity and a constant flow of information are the cultural norms, and a permanent busyness pervades even our quietest moments. Little wonder so many of us are burning out. In a culture that tacitly coerces us into blind activity, the art of doing nothing is disappearing. Inactivity can induce lethargy and indifference, but is also a condition of imaginative freedom and creativity. Psychoanalyst Josh Cohen explores the paradoxical pleasures of inactivity, and considers four faces of inertia - the burnout, the slob, the daydreamer and the slacker. Drawing on his personal experiences and on stories from his consulting room, while punctuating his discussions with portraits of figures associated with the different forms of inactivity - Andy Warhol, Orson Welles, Emily Dickinson and David Foster Wallace - Cohen gets to the heart of the apathy so many of us feel when faced with the demands of contemporary life, and asks how we might live a different and more fulfilled existence.

As the end of December draws near, Facebook routinely sends users a short video entitled 'Your Year on Facebook'. It lasts about a minute and brings together the images and posts that received the highest number of comments and likes over the last year. The video is rounded off with a message from Facebook that reads: 'Sometimes, looking back helps us remember what matters most. Thanks for being here.' It is this 'looking back', increasingly the focus of social networks, that is the inspiration behind Davide Sisto's brilliant reflection on how our relationship with remembering and forgetting is changing in the digital era. The past does not really exist: it is only a story we tell ourselves. But what happens when we tell this story not only to ourselves but also to our followers, when it is recorded not only on our social media pages but also on the pages of hundreds or thousands of others, making it something that can be viewed and referenced forever? Social media networks are becoming vast digital archives in which the past merges seamlessly with the present, slowly erasing our capacity to forget. And yet at the same time, our memory is being outsourced to systems that we don't control and that could become obsolete at any time, cutting us off from our memories and risking total oblivion. This timely and thoughtful reflection on memory and forgetting in the digital age will be of interest to students and scholars in media studies and to anyone concerned with the ways our social and personal lives are changing in a world increasingly shaped by social media and the internet.

Over the past two decades, Japan's socioeconomic environment has undergone considerable changes prompted by both a long recession and the relaxation of particular labour laws in the 1990s and 2000s. Within this context, "freeters", part-time workers aged between fifteen and thirty-four who are not housewives or students, emerged into the public arena as a social problem. This book, drawing on six years of ethnographic research, takes the lives of male freeters as a lens to examine

contemporary ideas and experiences of adult masculinities. It queries how notions of adulthood and masculinity are interwoven and how these ideals are changing in the face of large-scale employment shifts. Highlighting the continuing importance of productivity and labour in understandings of masculinities, it argues that men experience and practice multiple masculinities which are often contradictory, sometimes limiting, and change as they age and in interaction with others, and with social structures, institutions, and expectations. Providing a fascinating alternative to the stereotypical idea of the Japanese male as a salaryman, this book will be of huge interest to students and scholars of Japanese culture and society, social and cultural anthropology, gender and men's studies.

Contemporary Consumption, Consumers and Marketing: Cases from Generations Y and Z explores current consumer, consumption and marketing cases and issues, posing questions that complement, extend and challenge established marketing theory while keeping in mind megatrends such as climate crisis, economic inequality and digital connectivity. It also considers how such major changes affect consumer societies, cultures and individuals, especially those from Generations Y and Z. Each chapter is built around a theme that encapsulates current theoretical and professional debates around consumption, consumers and marketing. Examples and up-to-date case studies throughout the book explore how brands are adapting to current circumstances across Generations X, Y and Z and investigate the state of marketing at a time of flux. This book is essential reading for undergraduates, postgraduates and practitioners interested in marketing and consumer behaviour.

From Cutie Honey and Sailor Moon to Nausicaä of the Valley of the Wind, the worlds of Japanese anime and manga teem with prepubescent girls toting deadly weapons. Sometimes overtly sexual, always intensely cute, the beautiful fighting girl has been both hailed as a feminist icon and condemned as a symptom of the objectification of young women in Japanese society. In Beautiful Fighting Girl, Sait? Tamaki offers a far more sophisticated and convincing interpretation of this alluring and capable figure. For Sait?, the beautiful fighting girl is a complex sexual fantasy that paradoxically lends reality to the fictional spaces she inhabits. As an object of desire for male otaku (obsessive fans of anime and manga), she saturates these worlds with meaning even as her fictional status demands her ceaseless proliferation and reproduction. Rejecting simplistic moralizing, Sait? understands the otaku's ability to eroticize and even fall in love with the beautiful fighting girl not as a sign of immaturity or maladaptation but as a result of a heightened sensitivity to the multiple layers of mediation and fictional context that constitute life in our hypermediated world—a logical outcome of the media they consume. Featuring extensive interviews with Japanese and American otaku, a comprehensive genealogy of the beautiful fighting girl, and an analysis of the American outsider artist Henry Darger, whose baroque imagination Sait? sees as an important antecedent of otaku culture, Beautiful Fighting Girl was hugely influential when first published in Japan, and it remains a key text in the study of manga, anime, and otaku culture. Now available in English for the first time, this book will spark new debates about the role played by desire in the production and consumption of popular culture. Kassin/Fein/Markus' SOCIAL PSYCHOLOGY, 11th Edition, brings chapter concepts to life through a unique emphasis on current events in sports, music, entertainment, technology, social media, business, world politics and more. Combining scholarship

with real-world illustrations, it helps you understand the field of social psychology through engaging connections to everyday life. Integrating both classic and emerging research, the text delivers comprehensive coverage of social cognition and applications to law, business, and health and well-being. In addition, author Hazel Rose Markus, a respected researcher in the study of cultural psychology, integrates culture and diversity topics into every chapter. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. This is the first English translation of a controversial Japanese best seller that made the public aware of the social problem of hikikomori, or “withdrawal”—a phenomenon estimated to involve approximately one million Japanese adolescents and young adults. Drawing on his own clinical experience with hikikomori patients, Saito Tamaki creates a working definition of social withdrawal and explains its development.

With its infamously packed cars and disciplined commuters, Tokyo’s commuter train network is one of the most complex technical infrastructures on Earth. In *An Anthropology of the Machine*, Michael Fisch provides a nuanced perspective on how Tokyo’s commuter train network embodies the lived realities of technology in our modern world. Drawing on his fine-grained knowledge of transportation, work, and everyday life in Tokyo, Fisch shows how fitting into a system that operates on the extreme edge of sustainability can take a physical and emotional toll on a community while also creating a collective way of life—one with unique limitations and possibilities. *An Anthropology of the Machine* is a creative ethnographic study of the culture, history, and experience of commuting in Tokyo. At the same time, it is a theoretically ambitious attempt to think through our very relationship with technology and our possible ecological futures. Fisch provides an unblinking glimpse into what it might be like to inhabit a future in which more and more of our infrastructure—and the planet itself—will have to operate beyond capacity to accommodate our ever-growing population.

Written in a conversational style that transforms complex ideas into accessible ones, this international best-seller provides an interdisciplinary review of the theories and research in cross-cultural psychology. The book’s unique critical thinking framework, including Critical Thinking boxes, helps to develop analytical skills. Exercises interspersed throughout promote active learning and encourage class discussion. Case in Point sections review controversial issues and opinions about behavior in different cultural contexts. Cross-Cultural Sensitivity boxes underscore the importance of empathy in communication. Numerous applications better prepare students for working in various multicultural contexts such as teaching, counseling, health care, and social work. The dynamic author team brings a diverse set of experiences in writing this book. Eric Shiraev was raised in the former Soviet Union and David Levy is from Southern California. Sensation, perception, consciousness, intelligence, human development, emotion, motivation, social perception, interaction, psychological disorders, and applied topics are explored from cross-cultural perspectives. New to the 6th Edition: Over 200 recent references, particularly on studies of non-western regions such as the Middle East, Africa, Asia, & Latin America as well as the US and Europe. New chapter on personality and the self with an emphasis on gender identity. New or revised chapter opening vignettes that draw upon current events. More examples related to the experiences of international students in the US and indigenous people. Many more figures and tables that appeal to visual learners. New research on gender, race, religious beliefs, parenting styles, sexual orientation, ethnic identity and stereotypes, conflict resolution, immigration, intelligence, physical abuse, states of consciousness, DSM-5, cultural customs, evolutionary psychology, treatment of psychological disorders, and acculturation. Revised methodology chapter with more attention to issues related specifically to cross-cultural research and more on qualitative and mixed methods. A companion website at [www.routledge.com/9781138668386](http://www.routledge.com/9781138668386) where instructors will find a test

bank containing multiple choice, true and false, short answer, and essay questions and answers for each chapter, and a complete set of tables and figures from the text; and students will find chapter outlines, flashcards of key terms, and links to further resources and the authors' Facebook page. Intended as a text for courses on cross-cultural psychology, multicultural psychology, cultural psychology, cultural diversity, and the psychology of ethnic groups and a resource for practitioners, researchers, and educators who work in multicultural environments.

Heritage and Religion in East Asia examines how religious heritage, in a mobile way, plays across national boundaries in East Asia and, in doing so, the book provides new theoretical insights into the articulation of heritage and religion. Drawing on primary, comparative research carried out in four East Asian countries, much of which was undertaken by East Asian scholars, the book shows how the inscription of religious items as "Heritage" has stimulated cross-border interactions among religious practitioners and boosted tourism along modern pilgrimage routes. Considering how these forces encourage cross-border links in heritage practices and religious movements in China, Taiwan, South Korea, and Japan, the volume also questions what role heritage plays in a region where Buddhism, Taoism, and other various folk religious practices are dominant. Arguing that it is diversity and vibrancy that makes religious discourse in East Asia unique, the contributors explore how this particularity both energizes and is empowered by heritage practices in East Asia. Heritage and Religion in East Asia enriches understanding of the impact of heritage and religious culture in modern society and will be of interest to academics and students working in heritage studies, anthropology, religion, and East Asian studies.

Romantic Legacies: Transnational and Transdisciplinary Contexts presents the most wide-ranging treatment of Romantic regenerations, covering the cross-pollination between the arts or between art and thought in Germany, Britain, France, the US, Russia, India, China, and Japan. Each chapter in the volume examines a legacy or afterlife in a comparative context to demonstrate ongoing Romantic legacies as fully as possible in their complexity and richness. The volume provides readers a lens through which to understand Romanticism not merely as an artistic heritage but as a dynamic site of intellectual engagement that crosses nations and time periods and entails no less than the shaping of our global cultural currents.

A thoughtful, gleeful encyclopedia of emotions, both broad and outrageously specific, from throughout history and around the world. How do you feel today? Is your heart fluttering in anticipation? Your stomach tight with nerves? Are you falling in love? Feeling a bit miffed? Do you have the heebie-jeebies? Are you antsy with *iktsuarpok* or filled with *nakhes*? Recent research suggests there are only six basic emotions. But if that makes you feel uneasy, suspicious, and maybe even a little bereft, *The Book of Human Emotions* is for you. In this unique book, you'll get to travel across the world and through time, learning how different cultures have articulated the human experience and picking up some fascinating new knowledge about yourself along the way. From the familiar (anger) to the foreign (*zal*), each entertaining and informative alphabetical entry reveals the surprising connections and fascinating facts behind our emotional lives. Whether you're in search of the perfect word to sum up that cozy feeling you get from being inside on a cold winter's night, surrounded by friends and good food (what the Dutch call *gezelligheid*), or wondering how nostalgia evolved from a fatal illness to enjoyable self-indulgence, Tiffany Watt Smith draws on history, anthropology, science, art, literature, music, and popular culture to find the answers. In reading *The Book of Human Emotions*, you'll discover feelings you never knew you had (like *basorexia*, the sudden urge to kiss someone) and gain unexpected insights into why you feel the way you do. Besides, aren't you curious what *nginyiwarrarringu* means?

Evolutionary psychology is an important and rapidly expanding area in the life, social, and behavioral sciences, and this Handbook represents the most comprehensive and up-to-date

reference text in the field today. Over three volumes, the Handbook provides a rich overview of the most important theoretical and empirical work in the field. Chapters cover a broad range of topics, including theoretical foundations, the integration of evolutionary psychology with other life, social, and behavioral sciences, as well as with the arts and the humanities, and the increasing power of evolutionary psychology to inform applied fields, including medicine, psychiatry, law, and education. Each of the volumes has been carefully curated to have a strong thematic focus, covering: - The foundations of evolutionary psychology; - The integration of evolutionary psychology with other disciplines, and; - The applications of evolutionary psychology. The SAGE Handbook of Evolutionary Psychology is an essential resource for researchers, graduate students, and advanced undergraduate students in all areas of psychology, and in related disciplines across the life, social, and behavioral sciences. Filling a significant gap in the literature, this book examines the impact of culture on the social behaviors, emotions, and relationships of children around the world. It also explores cultural differences in what is seen as adaptive or maladaptive development. Eminent scholars discuss major theoretical perspectives on culture and development and present cutting-edge research findings. The volume addresses key aspects of socioemotional functioning, including emotional expressivity, parent-child and peer relationships, autonomy, self-regulation, intergroup attitudes, and aggression. Implications for culturally informed intervention and prevention are highlighted.

"People who are not content to remain the gender they were assigned at birth have existed throughout human history and in all recorded cultures (Herdt, 1996). Naturally the experiences of people in the contemporary high-income cultures which are the focus of this book will be informed by the understandings and technology available now, but fundamentally gender diversity is not a new phenomenon. It is therefore curious that, until recently, it was commonly thought that gender diversity was so rare that it would not trouble most psychiatrists or psychologists in their usual course of work. This is no longer the case, as there has recently been an exponential increase in the number of gender diverse people coming forward, which mirrors that of same-sex-attracted people a couple of decades before. Most likely this is once again due to the greater, although still tenuous, social acceptance being shown towards sexual and gender diversity in some countries. It follows therefore that psychiatrists and others will have seen gender diverse people throughout their careers, but without necessarily being aware that they were doing so"--

Vital Post-Secular Perspectives on Chinese Philosophical Issues presents a number of contemporary philosophical issues from a wide range of Chinese philosophical texts, figures, and sub-traditions that are usually not addressed in English studies of Chinese philosophical traditions. Lauren F. Pfister presents new perspectives in three parts: the first part offers critical perspectives on the life and works of one of the most significant 20th century Chinese philosophers and historian of Chinese philosophical traditions, Feng Youlan (1895-1990); the second part explores questions related to Ruist ("Confucian") theism and the complicated textual developments within two canonical Ruist texts, ending with a critique of a 21st century translation and interpretation of one of those two classical texts; the third part presents philosophical assessments of 20th and 21st century cultural issues that have had immense social and interpretive impacts in contemporary Chinese contexts – Chinese utopian projects, Chinese netizens in "Human Flesh Searches," and questions about the links between sageliness and saintliness in Ruist and Christian communities.

This book is the first of its kind to critically examine the philosophy of Bernard Stiegler from the perspective of the philosophy of education. The editors of this book firmly believe that in the coming years Stiegler's philosophy will assume increasing

importance and influence in both digital studies and the philosophy of education as his thought is a prism through which to understand how we live and work, and a means to anticipate what the future may hold for us all in the time of the Anthropocene. They are of the view that Stiegler's work will have a permanent impact on the intellectual terrain of the twenty-first century as his majestic conceptual architectonic will shape political, social and pedagogical debates in the coming decades. With this in mind, the contributors of this book take up his gauntlet to understand the risks and opportunities of the digital pharmakon and its impact on the educational milieu. The chapters in this book were originally published as a special issue of *Educational Philosophy and Theory*.

This book is devoted to offering a new concept of non-employment caused by social exclusion. Among labor economic studies, it is the first attempt to investigate the conditions of jobless persons who have completely lost opportunities for daily communication with others. The new concept provided by this book is "solitary non-employed persons (SNEP)." SNEP are defined as non-employed persons who are normally entirely alone or do not spend time with people other than their family. According to a detailed time-use survey in Japan, SNEP make up almost 70 % of single, jobless persons aged 20 to 59. The number of SNEP doubled in the 2000s. As a serious issue for non-employment, economists and sociologists have focused on long-term unemployed persons and persons "not in education, employment, or training" (NEET), which include discouraged persons resigning from work. These serious non-employment issues are attributable to and further aggravated by the isolation experienced by the SNEP. Social withdrawal—that is, the hikikomori who stay indoors—is one notable feature of Japanese youth problems in many cases. Large numbers of the middle-aged jobless Japanese also currently shut themselves in their rooms. The objective approach by the SNEP concept enables us to understand the reality of these withdrawn persons who are now growing in number in many countries. A continuous increase in the number of SNEP will cause several difficulties in society and the economy. SNEP will not make their own livings after the deaths of their families, causing social security costs and financial deficits to further accumulate in the efforts to help them. A shortage of an attractive labor force will accelerate in the future due to the expansion of SNEP within the young and middle-aged populations. This book proposes appropriate policies to prevent an increase in SNEP in such a way as to generate skilled professionals, as well as to reach out and support them. It will contribute to developing studies for jobless people closely involved in social exclusion, and to finding universal and effective solutions for their inclusion.

An Introduction to Japanese Society provides a highly readable introduction to Japanese society by internationally renowned scholar Yoshio Sugimoto. Taking a sociological approach, the text examines the multifaceted nature of contemporary Japanese society with chapters covering class, geographical and generational variation, work, education, gender, ethnicity, religion, popular culture, and the establishment. This edition begins with a new historical introduction placing the sociological analysis of contemporary Japan in context, and includes a new chapter on religion and belief systems. Comprehensively revised to include current research and statistics, the text covers changes to the labor market, evolving conceptions of family and gender, demographic shifts in an aging society, and the emergence of new social

movements. Each chapter now contains illustrative case examples, research questions, recommended further readings and useful online resources. Written in a lively and engaging style, *An Introduction to Japanese Society* remains essential reading for all students of Japanese society.

*Starting at the Beginning: Laying the Foundation for Lifelong Mental Health* coincides with the 24th International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAPA) Congress in Singapore, June 2020. This book examines the determinates of individual differences in children and young people, along with the origins of maladjustment and psychiatric disorders. It addresses the ways in which interventions and mental health services can be developed and shaped to address individual differences among children. Additional topics include environmental hazards and mental health and cultural psychiatry as a basic science for addressing mental health disparities. Chapters dive deeper into anxiety disorders in infants, gaming disorder, the pitfalls of treatment in OCD, and ADHD developmental neuropsychiatry. Another targeted section focuses on policies for child and adolescent mental health, including a review of mental health services in China, Oceania and East Asia.

Emphasizes social and environmental influences Focuses on early developmental and infancy processes Addresses the training of child and adolescent psychiatrists across Europe Covers a range of illustrative psychiatric disorders and problems Works toward the goal of producing a mental health workforce with internationally recognized competencies

This guide helps parents of non-emerging adult children and introduces adulthood emergence failure as a systemic condition.

Much of the existing literature on happiness in Japan has been produced in the field of economics and psychology and is quantitative in nature. Here, for the first time, a group of anthropologists and sociologists jointly analyze the state of happiness and unhappiness in Japan among varying social groups in its physical, interpersonal, existential and structural dimensions, offering new insights into fundamental issues. This book investigates the connections between sociostructural aspects, individual agency and happiness in contemporary Japan from a life course perspective. The contributors examine quantitative and qualitative empirical data on the processes that impact how happiness and well-being are envisioned, crafted, and debated in Japan across the life-cycle. Therefore, the book discusses the shifting notions of happiness during people's lives from birth to death, analyzing the age group-specific experiences while taking into consideration people's life trajectories and historical changes. It points out recent developments in regards to demographic change, late marriage, and the changing labor market and focuses on their significant impact on the well-being of Japanese people. In particular it highlights the interdependencies of lives within the family and how families are collaborating for the purpose of maintaining or enhancing the happiness of its members. Broadening our understanding of the multidimensionality of happiness in Japan, this book will be of interest to students and scholars of Japanese Studies, Anthropology, and Sociology.

Drawing on contemporary critical social theories and diverse methodologies, *A Critical Youth Studies for the 21st Century* explores the educational, employment, cultural and embodied issues that confront young people, and those who work with them, in a globalised world.

Serious games provide a unique opportunity to engage students more fully than traditional teaching approaches. Understanding the best way to utilize games and play in an educational setting is imperative for effectual learning in the twenty-first century. *Gamification: Concepts, Methodologies, Tools, and Applications* investigates the use of games in education, both inside and outside of the classroom, and how this field once thought to be detrimental to student learning can be used to augment more formal models. This four-volume reference work is a premier source for educators, administrators, software designers, and all stakeholders in all levels of education.

A dazzling—and already prizewinning—collection of essays on youth and aging, ambition and disappointment, Katherine Mansfield tourism and New Zealand punk rock, and the limitations of the body. Youth and frailty, ambition and anxiety, the limitations of the body and the challenges of personal transformation: these are the undercurrents that animate acclaimed poet Ashleigh Young's first collection of essays. In *Can You Tolerate This?*—the title comes from the question chiropractors ask to test a patient's pain threshold—Young ushers us into her early years in the faraway yet familiar landscape of New Zealand: fantasizing about Paul McCartney, cheering on her older brother's fledging music career, and yearning for a larger and more creative life. As Young's perspective expands, a series of historical portraits—a boy who grew new bone wherever he was injured, an early French postman who built a stone fortress by hand, a generation of Japanese shut-ins—strike unexpected personal harmonies, as an unselfconscious childhood gives way to painful shyness in adolescence. As we watch Young fall in and out of love, undertake an intense yoga practice that masks an eating disorder, and gradually find herself through her writing, a highly particular psyche comes into view: curious, tender, and exacting in her observations of herself and the world around her. *Can You Tolerate This?* presents a vivid self-portrait of an introspective yet widely curious young woman, the colorful, isolated community in which she comes of age, and the uneasy tensions—between safety and risk, love and solitude, the catharsis of grief and the ecstasy of creation—that define our lives.

Our success as a species is built on sociability, so shyness in humans should be an anomaly. But it's actually remarkably common - we all know what it's like to cringe in embarrassment, stand tongue-tied at the fringe of an unfamiliar group, or flush with humiliation if we suddenly become the unwelcome centre of attention. In *Shrinking Violets*, Joe Moran explores the hidden world of shyness, providing insights on everything from timidity in lemon sharks to the role of texting in Finnish love affairs. As he seeks answers to the questions that shyness poses - Why are we shy? Can we overcome it? Does it define us? - he uncovers the fascinating stories of the men and women who were 'of the violet persuasion', from Charles Darwin to Agatha Christie, and from Tove Jansson to Nick Drake. In their stories - often both heart-breaking and inspiring - and through the myriad ways scientists and thinkers have tried to explain and cure shyness, Moran finds

a hopeful conclusion. To be shy, he decides, is not simply a burden - it is also a gift, a different way of seeing the world that can be both enriching and inspiring. Ambient Media examines music, video art, film, and literature as tools of atmospheric design in contemporary Japan, and what it means to use media as a resource for personal mood regulation. Paul Roquet traces the emergence of ambient styles from the environmental music and Erik Satie boom of the 1960s and 1970s to the more recent therapeutic emphasis on healing and relaxation. Focusing on how an atmosphere works to reshape those dwelling within it, Roquet shows how ambient aesthetics can provide affordances for reflective drift, rhythmic attunement, embodied security, and urban coexistence. Musicians, video artists, filmmakers, and novelists in Japan have expanded on Brian Eno's notion of the ambient as a style generating "calm, and a space to think," exploring what it means to cultivate an ambivalent tranquility set against the uncertain horizons of an ever-shifting social landscape. Offering a new way of understanding the emphasis on "reading the air" in Japanese culture, Ambient Media documents both the adaptive and the alarming sides of the increasing deployment of mediated moods. Arguing against critiques of mood regulation that see it primarily as a form of social pacification, Roquet makes a case for understanding ambient media as a neoliberal response to older modes of collective attunement—one that enables the indirect shaping of social behavior while also allowing individuals to feel like they are the ones ultimately in control. The Routledge Handbook of Contemporary Japan presents a synthesized, interdisciplinary study of contemporary Japan based on up-to-date theoretical models designed to provide readers with a comprehensive and full understanding of the dynamics of contemporary Japan. In order to achieve this, the Handbook is organized into two parts. Part I, 'Foundations', clarifies the state of contemporary Japan topic by topic by referring to the latest theoretical developments in the relevant disciplinary fields of politics, international relations, economy, society, culture and the personal. Part II, 'Issues', then offers a series of concrete analyses building upon the theoretical discussions introduced in Part I to help undergraduate and postgraduate students learn how to conduct independent analysis. Locating Japan in a comparative and interdisciplinary perspective, this Handbook is an essential resource for students and scholars interested in Japanese studies, Asian studies and global studies.

' Japan's Demographic Revival shifts discussions about employing immigration as the "best" or "sole" solution to assuaging Japan's demographic quagmire to a more systematic approach that identifies structural, organizational and cultural impediments that contribute to Japan's (and other countries') declining demographic situations. This edited volume also sheds light on the plethora of changes required to produce a demographically sustainable Japan. Part One includes chapters explaining the endogenous, ethnocultural and structural obstacles that link ethnocultural understandings of citizenship and nationality. Part Two consists of chapters that provide insight into the societal barriers that

exist in Japan to address demographic issues. Part Three shifts its focus away from identifying and analyzing the structural, organizational and cultural factors towards chapters that are policy oriented, linking existing policies as contributing factors behind Japan's demographic challenge. Contents: Japan's Demographic Revival: Rethinking Migration, Identity, and Sociocultural Norms Structural and Cultural Barriers to Dealing with Demographic Change: Ky?sei: Cultural Space, Multiculturalism, and the Prospect of a "Post-homogenous" Japan (M G Sheftall) Myths, Beliefs, and Implications of Japan's Naturalization Policy (Soo im Lee) Identifying and Defining Self in a Changing Japan (David Chapman) Societal Challenges: Gender, Religion, and Incentive: Demographic Change and Migration of Care Workers: State, Care Facilities, and Migrants (Reiko Ogawa) Immigration and Religion: Muslim Immigrants in Japan — Their History, Demographics, and Challenges (Mhamed Biygautane) Demographic Changes and Religion in Japan: A Case Study of Soka Gakkai in Hokkaido (Ka Shing Ng) Nostalgic Migration — Factors Behind Recent Japanese Migration to Shanghai (Reiji Aoyama) Herbivorous Boys and Predatory Girls: Gender, Consumerism, and Low Birthrate in Japan (Satoshi Ota) Japanese Corporate Culture and Demographic Decline: Tokyo Female Workers' Views on Career Advancement in the Workplace (Pui Tung Yong & Stephen Robert Nagy) Ways Forward: The Potential Role of Migrant Rights Advocacy in Mitigating Japan's Demographic Challenges (Ralph I Hosoki) Exclusive Migrant Policies in Comparative Perspective: The Case of the Gulf Cooperation Council States (Kristian Coates Ulrichsen) Immigration Best Practices: Why Pragmatic Immigration Policies are Beneficial for Immigrants and for Japan (Stephen Robert Nagy) Readership: Graduate students and researchers interested in Japanese Studies. Key Features: Identifies structural, organization and cultural impediments that contribute to Japan's (and other countries") population predicament Offers a multidisciplinary, comparative approach investigating the challenges and opportunities for Japan to deal with its demographic conundrum Keywords: Japan; Demography; Citizenship; Immigration; Migration; Gender Policies; Social Integration'

Since its formation as a girl group in 2005, AKB48 has become a phenomenal success and institution in Japan. Having originally recruited fans with photocopied fliers and daily performances in the Akihabara area of Tokyo, AKB48 now saturates Japan. Its members--nearly 800 of them, including five sister groups and four so-called "rival groups" across Japan, as well as six sister groups in other Asian cities--appear in print, broadcast, online, and social media; in advertisements and on products; at home and on the train; on- and off-screen. AKB48's multi-platform omnipresence is characteristic of "idols," whose intimate relationship to fans and appeals to them for support have made the group dominant on the Oricon Yearly Singles Chart in the 2010s; they hold several records, including most consecutive million-selling singles sold in Japan. A unique business model relentlessly monetizes fans' affections through meet-and-

greet events and elections, which maximize CD sales, and their saturated presence in the media. At a time when affect is more important than ever in economic, political, and social theory, this book explores the intersection of idols and affect in contemporary Japan and beyond.

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